



IMT Des Moines Marathon Half Marathon Course Description

Start: MLK Jr PKWY bridge; east of Water Street – eastbound lane

Head east on MLK Jr Pkwy

Turn left at SE 4th Street and into MLK JR Pkwy - westbound lane

Turn left (north) on SE 5th Street

Turn left (west) on Court Avenue

Mile 1: Court Avenue and Water Street (est.)

Continue west on Court Avenue

Turn left (south) on 3rd Street

Turn right (west) on MLK Jr PKWY – westbound lane

Turn right (north) on 12th Street

Mile 2: 12th Street and Cherry Street

Continue north on 12th Street

Turn left (west) on Grand Avenue

IMT Des Moines Marathon and Half Marathon course split at Grand Avenue and Fleur Drive

Turn left (south) onto Fleur Bridge Underpass

Mile 3: Fleur Drive Bridge Underpass

Continue south on Fleur Bridge Underpass to follow entrance ramp and merge onto Fleur Drive

Turn right (west) into Water Works Park at Gray's Lake Park

Follow Water Works Park Road south and then west

Mile 4: Water Works Park Barn

Continue on Water Works Park road as it turns west

Marathon and Half Marathon course rejoins at Water Works Park Pedestrian Bridge

Mile 5: West of Water Works Park Pedestrian Bridge

Continue on Water Works Park road as it turns south and then west again

Turn right (north) at Y in the road to begin Water Works Park loop

Follow Water Works loop north, then west, and then back south

Mile 6: Water Works Park Loop along Raccoon River

Continue on Water Works Park road as it turns south

Follow Water Works loop north, then west, and then south

Follow Water Works Park loop road as it curves east

Mile 7: East of Water Works Park Shelter

Continue east along Water Works Park road

Follow Water Works Park road to the east and towards loop connector



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Mile 8: Water Works Park Gate Entrance at SW 30th Street

Continue east along Water Works Park road
Turn right (south) to enter Water Works Park road at arboretum entrance
Turn left (east) to Ruan Connector Trail access point and under Fleur Drive
Enter Gray's Lake Park via Ruan Connector Trail
Turn right (south) on Gray's Lake Park trail

Mile 9: Gray's Lake Park Trail (est.)

Continue on Gray's Lake Park trail around Gray's Lake
Follow Gray's Lake Park trail over pedestrian bridge

Mile 10: Gray's Lake Park Trail East of Southeastern Parking Lot

Continue on Gray's Lake Park trail around Gray's Lake
Exit Gray's Lake Park trail (north) onto Meredith Trail

Mile 11: Meredith Trail along Raccoon River

Continue on Meredith Trail north towards MLK Jr Pkwy
Remain on sidewalk and cross George Washington Carver Bridge
At SW 16th Street merge into eastbound lane of MLK Jr Pkwy

Mile 12: East of SW 12th Street on MLK Jr Pkwy

Continue east on MLK Jr Pkwy
Cross into west bound lane of MLK Jr Pkwy at 2nd Street
Turn left (north) at Water Street

Mile 13: North of Market Street on Water Street

Continue north on Water Street to Court Avenue.
Turn left (east) to finish on Court Avenue at 3rd Street

Finish: 300 Court Avenue

The IMT Des Moines Half Marathon start line is located on MLK Jr. PKWY and finish line is located on Court Avenue. 300 Court Avenue, Des Moines, IA 50309.

More information, including street closures and parking can be found on the IMT Des Moines Marathon website at desmoinesmarathon.com, by clicking on the Spectators page.