



## **IMT Des Moines Marathon Bankers Trust Marathon Relay Course Description**

### **Start**

#### **300 Court Avenue**

Head east on Court Avenue  
Turn right (south) on SE 5<sup>th</sup> Street  
Turn right (west) on MLK Jr Pkwy

#### **Mile 1: MLK Jr Pkwy and SE 4<sup>th</sup> Street**

Continue west on MLK Jr Pkwy  
Turn right (north) on 12<sup>th</sup> Street

#### **Mile 2: 12<sup>th</sup> Street and Cherry Street**

Continue north on 12<sup>th</sup> Street  
Turn left (west) on Grand Avenue

#### **IMT Des Moines Marathon and Half Marathon course split at Grand Avenue and Fleur Drive**

Continue west on Grand Avenue

#### **IMT Des Moines Marathon and Half Marathon course split at Grand Avenue and Fleur Drive**

#### **Mile 3: Grand Avenue on Grand Avenue Bridge**

Continue west on Grand Avenue

### **TRANSITION AREA 1**

#### **Mile 4: Grand Avenue and 35<sup>th</sup> Street Intersection**

Continue west on Grand Avenue  
Turn left (south) on 37<sup>th</sup> Street  
Turn right (west) on John Lynde Road

#### **Mile 5: 3808 John Lynde Road**

Turn left (south) on SW 42<sup>nd</sup> Street  
Turn right (west) on Glenview Drive  
Turn right (north) on Glenview Drive at Foster Drive intersection.

#### **Mile 6: 314 Glenview Drive**

Continue on Glenview Drive  
Turn left (west) on Woodlawn Drive  
Turn right (north) on Foster Drive  
Turn right at 42<sup>nd</sup> Street (south) and turn a quick left (east) at Tonawanda Drive  
Follow Tonawanda Drive as it curves north by staying in southbound lane

#### **Mile 7: Tonawanda Drive & Marsh Drive**

Stay in the southbound lane on Tonawanda Drive and continue north  
Turn left (west) on Grand Avenue



Turn right (north) on Polk Boulevard

**Mile 8: 635 Polk Boulevard**

Continue north on Polk Boulevard

Turn right (east) on Harwood Avenue to begin Harwood Avenue loop

Turn right (south) on 44<sup>th</sup> Street

Turn left (east) on Woodland Avenue

Turn left (north) on Harwood Avenue

Follow Harwood Avenue north onto Bradway Place

Turn left (west) on Pleasant Street

Turn left (south) on 44<sup>th</sup> Street

Turn right (west) on Harwood Avenue to complete Harwood Avenue loop

**Mile 9: 4607 Harwood Avenue**

Turn right (north) on Polk Boulevard

Turn right (east) on Kingman Boulevard

**TRANSITION AREA 2**

**Mile 10: 4010 Kingman Boulevard**

Continue east on Kingman Boulevard

**Mile 11: 26<sup>th</sup> Street & Kingman Boulevard**

Turn left (north) on 25<sup>th</sup> Street

Turn left (west) on Clark Street

Turn right (north) on 27<sup>th</sup> Street and quick left (west) into Drake Stadium Track

**Mile 12: West pole of south goal posts inside Drake Stadium Track**

Complete counter clockwise lap of Drake Stadium Track and exit stadium

Turn right (south) out of Drake Stadium onto 27<sup>th</sup> Street

Turn left (east) on Forest Avenue

Turn right (south) on 25<sup>th</sup> Street

Turn right (west) on Kingman Boulevard

**Mile 13: 2600 Kingman Boulevard**

Continue west on Kingman Boulevard

**Mile 13.1: 28<sup>th</sup> Street & Kingman Boulevard**

**TRANSITION AREA 3**

**Mile 14: 4057 Kingman Boulevard**

Turn left (south) on Polk Boulevard

Turn right (west) on Harwood Drive

Turn left (south) on 49<sup>th</sup> Street

Turn left (east) on Woodland Drive

Turn right (south) on Polk Boulevard



**Mile 15: 4735 Harwood Drive**

Continue south on Polk Boulevard  
Turn left (east) on Grand Avenue  
Turn right (south) on 45<sup>th</sup> Street into Greenwood Park

**Mile 16: Greenwood Park – Sylvan Amphitheater**

Enter the Bill Riley Trail past Ashworth Pool parking lot

**Mile 17: Bill Riley Trail; just east of Railroad Bridge**

Continue on Bill Riley Trail

**Mile 18: South of Water Works Park Pedestrian Bridge**

Follow Bill Riley Trail south across pedestrian bridge into Water Works Park  
Turn right (west) onto Water Works Park Road  
Turn right (north) at Y in the road to begin Water Works Park loop

**Marathon/Half Marathon Courses Rejoin at Water Works Park Pedestrian Bridge**

**Mile 19: North of Water Works Park Loop Small Pond**

Follow Water Works loop north, then west, and then south  
Follow Water Works Park loop road as it curves east

**TRANSITION AREA 4**

**Mile 20: West of Water Works Park Shelter**

Continue east along Water Works Park road

**Mile 21: East of Water Works Park Pedestrian Bridge**

Continue east along Water Works Park road

**Mile 22: Entrance to Gray's Lake Park**

Turn right (south) on Gray's Lake Park trail  
Follow Gray's Lake Park trail over pedestrian bridge

**Mile 23: Southwest corner of Gray's Lake Park**

Continue on Gray's Lake Park trail around Gray's Lake

**Mile 24: Gray's Lake Park Trail East of Meredith Trail Connector**

Exit Gray's Lake Park trail (north) onto Meredith Trail  
Remain on sidewalk and cross George Washington Carver Bridge  
At 16<sup>th</sup> Street intersection crosswalk merge onto MLK Jr Pkwy

**Mile 25: East of 16<sup>th</sup> Street on MLK Jr Pkwy**

Continue east on MLK Jr Pkwy



## **TRANSITION AREA 5 (optional)**

### **Mile 26: North of MLK Jr Pkwy on Water Street**

Continue east on MLK Jr Pkwy to 2<sup>nd</sup> Street

(Team meet-up at SW 3<sup>rd</sup> Street and MLK Jr Pkwy)

Turn right (north) on Water Street

Turn left (west) to finish on Court Avenue

## **Finish**

**300 Court Avenue**

**\*Bankers Trust Marathon Relay Event Overview and Course Driving Instructions, along with course map available at [desmoinesmarathon.com](http://desmoinesmarathon.com).**