



MercyOne 1-Mile Walk Course Description

Start Line: Principal Park

Head south in parking lot to Principal Park Riverwalk behind Iowa Cubs home plate mezzanine.

Turn left (east) on Meredith Trail along south side of stadium.

Turn left (north) on Water Street.

Turn left (west) into Iowa Cubs grounds crew entrance to enter stadium.

Turn right (north) onto warning track inside stadium.

Complete counter-clockwise loop around warning track and exit stadium.

Turn right (south) into Iowa Cubs grounds crew entrance to exit stadium.

Turn right (south) on Water Street.

Turn right (west) on Meredith Trail along south side of stadium.

Turn right on Principal Park Riverwalk behind Iowa Cubs home plate mezzanine.

Complete clockwise loop around parking lot

Mile 1: Principal Park Riverwalk behind Iowa Cubs home plate mezzanine

Finish Line: Principal Park

***IMT Des Moines Marathon course maps available at desmoinesmarathon.com/athletes.**