



Bankers Trust Marathon Relay Team Overview

Teams in Bankers Trust Marathon Relay must consist of five members in order to compete on race day and may include any of the following combination of team members to complete a team. For suggested driving routes visit Bankers Trust Marathon Relay page of the desmoinesmarathon.com.

Team Divisions include all male, all female, co-ed; with at least 1 male or 1 female member mixed into the team and corporate; all team members are affiliated with the same company/organization.

Staging Area on race day is hosted by Kinetic Edge Physical Therapy for the 13th year in a row. Parking for the team vehicle is available onsite, but team members should find their own offsite parking on race morning. Kinetic Edge Physical Therapy. 516 3rd Street, Suite 100.

Teams have a secure area to meet and learn about last minute Bankers Trust Marathon Relay details starting at 7 a.m. Team members may have time to watch the start of the race at 300 Court Avenue, and return in time to drive to Transition Area 1 on the course from Kinetic Edge Physical Therapy.

Transition Areas Teams are to provide their own vehicle to drive to the various Transition Areas. Many teams share the driving duties amongst themselves.

Start to Mile 4. Transition Area at Grand Avenue & 35th Street. The 1st member of the team completes approximately the 1st 4 miles of the marathon course. They will line up at the start line with the IMT Des Moines Marathon & Half Marathon athletes.

Mile 4 to Mile 10. Transition Area at Kingman Boulevard & 43rd Street. The 2nd member of the team will await the 1st team member at Transition Area 1 on Grand Avenue and completes the next approximate 6 miles of the course South of Grand, through the Harwood Loop and along Polk Boulevard.

Mile 10 to Mile 14.5 (est.). Transition Area at Kingman Boulevard & Observatory Road. The 3rd member of the team will await the 2nd team member at Transition Area 2 on Kingman Boulevard and completes the next approximate 5 miles of the course through Drake University and Kingman Boulevard.

Mile 15 to Mile 20. The 4th member of the team will await the 3rd team member at Transition Area 3 on Polk Boulevard & Observatory Road and completes the next approximate 5 miles of the course through Greenwood Park, along the Bill Riley Trail and into Water Works Park.

Mile 20 to Finish. The 5th member of the team of the team will await the 4th team member at Transition Area 4 at the south east shelter in Water Works Park off George Flagg Parkway and completes the final approximate 6 miles of the course through Water Works Park, Gray's Lake Park and along MLK Jr Pkwy.

Finish. The entire Bankers Trust Marathon Relay team is encouraged to park at Principal Park and reunite at MLK Jr Pkwy and SW 2nd Street in order to join the 5th member of the team to cross the finish line and complete the race together back on Court Avenue.