



IMT Des Moines Marathon Half Marathon Course Description

Start: 300 Court Avenue

Head east on Court Avenue
Turn right (south) on SE 5th Street
Turn right (west) on MLK Jr Pkwy

Mile 1: MLK Jr Pkwy and SE 4th Street

Continue west on MLK Jr Pkwy
Turn right (north) on 12th Street

Mile 2: 12th Street and Cherry Street

Continue north on 12th Street
Turn left (west) on Grand Avenue

IMT Des Moines Marathon and Half Marathon course split at Grand Avenue and Fleur Drive

Continue west on Grand Avenue

IMT Des Moines Marathon and Half Marathon course split at Grand Avenue and Fleur Drive

Turn left (south) onto Fleur Bridge Underpass

Mile 3: Fleur Drive Bridge Underpass

Continue south on Fleur Bridge Underpass to follow entrance ramp and merge onto Fleur Drive
Turn right (west) into Water Works Park at Gray's Lake Park
Follow Water Works Park Road south and then west

Mile 4: Water Works Park Barn

Continue on Water Works Park road as it turns west

Marathon & Half Marathon Courses Rejoin at Water Works Park Pedestrian Bridge

Mile 5: West of Water Works Park Pedestrian Bridge

Continue on Water Works Park road as it turns south and then west again
Turn right (north) at Y in the road to begin Water Works Park loop
Follow Water Works loop north, then west, and then back south

Mile 6: Water Works Park Loop along Raccoon River

Continue on Water Works Park road as it turns south
Follow Water Works loop north, then west, and then south
Follow Water Works Park loop road as it curves east

Mile 7: East of Water Works Park Shelter

Continue east along Water Works Park road
Follow Water Works Park road to the east and towards loop connector



Mile 8: Water Works Park Gate Entrance at SW 30th Street

Continue east along Water Works Park road
Exit Water Works Park and cross Fleur Drive
Enter Gray's Lake Park on continue east on John Grubb Lane
Turn right (south) on Gray's Lake trail at stop sign

Mile 9: Gray's Lake Park Parking Lot

Continue on Gray's Lake Park trail around Gray's Lake
Follow Gray's Lake Park trail over pedestrian bridge

Mile 10: Gray's Lake Park Trail East of Southeastern Parking Lot

Continue on Gray's Lake Park trail around Gray's Lake
Exit Gray's Lake Park trail (north) onto Meredith Trail

Mile 11: Meredith Trail along Raccoon River

Continue on Meredith Trail north towards MLK Jr Pkwy
Remain on sidewalk and cross George Washington Carver Bridge
At SW 16th Street merge into eastbound lane of MLK Jr Pkwy

Mile 12: East of SW 12th Street on MLK Jr Pkwy

Continue east on MLK Jr Pkwy
Cross into west bound lane of MLK Jr Pkwy at 2nd Street
Turn left (north) at Water Street

Mile 13: North of Market Street on Water Street

Continue north on Water Street to Court Avenue.
Turn left (east) to finish on Court Avenue at 3rd Street

Finish: 300 Court Avenue

***IMT Des Moines Marathon course maps available at desmoinesmarathon.com/athletes.**