



IMT Des Moines Marathon Course Description

Start Line: 300 Court Avenue

Head east on Court Avenue
Turn right (south) on Water Street
Turn left (east) on MLK Jr Pkwy
Turnaround on MLK Jr Pkwy at SE 4th Street
Head west on MLK Jr Pkwy

Mile 1: MLK Jr Pkwy Bridge at Water Street Bridge

Continue west on MLK Jr Pkwy
Turn left (south) on SW 2nd Street
Turn right (west) on Line Drive
Turn right (north) on SW 3rd Street
Turn left (west) on MLK Jr Pkwy

Mile 2: 12th Street and Cherry Street

Continue north on 12th Street
Turn left (west) on Grand Avenue

IMT Des Moines Marathon and Half Marathon course split at Grand Avenue and Fleur Drive

Continue west on Grand Avenue

Mile 3: 2323 Grand Avenue

Continue west on Grand Avenue
Turn left (south) on 37th Street

Mile 4: 321 37th Street

Continue south on 37th Street
Turn right (west) on John Lynde Road
Turn left (south) on SW 42nd Street

Mile 5: 209 SW 42nd Street

Continue south on SW 42nd Street
Turn right (west) on Glenview Drive
Turn left (south) on Foster Drive
Follow Foster Drive through the curves

Mile 6: 201 Foster Drive

Continue north on Foster Drive, which will straighten out before turning back east
Turn right at 42nd Street (south) and turn a quick left (east) at Tonawanda Drive
Follow Tonawanda Drive as it curves north by staying in southbound lane



Mile 7: 400 Tonawanda Drive

Continue north on Tonawanda Drive
Turn left (west) on Grand Avenue
Turn right (north) on Polk Boulevard
Turn right (east) on Harwood Avenue to begin Harwood Avenue loop
Turn right (south) on 44th Street
Turn left (east) on Woodland Avenue
Turn left (north) on Harwood Avenue
Follow Harwood Avenue north onto Bradway Place
Turn left (west) on Pleasant Street
Turn left (south) on 44th Street

Mile 8: Harwood Drive Between 45th Place and 46th Street

Continue west on Harwood Drive
Turn right (west) on Harwood Avenue to complete Harwood Avenue loop
Turn right (north) on Polk Boulevard

Mile 9: 900 Polk Boulevard

Continue north on Polk Boulevard
Turn right (east) on Kingman Boulevard

Mile 10: Kingman Boulevard and 37th Street

Continue east on Kingman Boulevard
Turn left (north) on 25th Street

Mile 11: 1151 25th Street

Continue north on 25th Street
Turn left (west) on Clark Street
Turn right (north) on 27th Street and quick left (west) into Drake Stadium Track
Complete counter clockwise lap of Drake Stadium Track and exit stadium
Turn right (south) out of Drake Stadium onto 27th Street

Mile 12: 1421 27th Street

Continue south on 27th Street
Turn left (east) on Forest Avenue
Turn right (south) on 25th Street
Turn right (west) on Kingman Boulevard

Mile 13: Kingman Boulevard and 29th Street

Continue west on Kingman Boulevard

Mile 14: Kingman Boulevard and 43rd Street

Continue west on Kingman Boulevard
Turn left (south) on Polk Boulevard
Turn right (west) on Harwood Drive
Turn left (south) on 49th Street
Turn left (east) on Woodland Drive



Mile 15: 4814 Woodland Avenue

Continue east on Woodland Avenue
Turn right (south) on Polk Boulevard
Turn left (east) on Grand Avenue
Turn right (south) on 45th Street into Greenwood Park

Mile 16: Ashworth Pool in Greenwood Park

Enter the Bill Riley Trailhead at Ashworth Pool parking lot

Mile 17: Bill Riley Trail along Racoon River

Continue on Bill Riley Trail

Mile 18: South of Water Works Park Pedestrian Bridge

Follow Bill Riley Trail south across pedestrian bridge into Water Works Park
Turn right (west) onto Water Works Park Road
Turn right (north) at Y in the road to begin Water Works Park loop

Marathon/Half Marathon Courses Rejoin at Water Works Park Pedestrian Bridge

Mile 19: North of Water Works Park Loop Small Pond

Follow Water Works loop north, then west, and then south
Follow Water Works Park loop road as it curves east

Mile 20: West of Water Works Park Shelter

Continue east along Water Works Park road

Mile 21: East of Water Works Park Pedestrian Bridge

Continue east along Water Works Park road

Mile 22: West of Water Works Park Arboretum

Exit Water Works Park and cross Fleur Drive
Enter Gray's Lake Park on continue east on John Grubb Lane
Turn right (south) into Gray's Lake Park parking lot entrance
Turn left (east) into parking lot and right (south) onto Gray's Lake Park trail
Follow Gray's Lake Park trail over pedestrian bridge

Mile 23: Robert and Shirley Porter Plaque on Gray's Lake Park Pedestrian Bridge

Continue on Gray's Lake Park trail around Gray's Lake Park

Mile 24: Gray's Lake Park Trail East of Meredith Trail Connector

Exit Gray's Lake Park trail (north) onto Meredith Trail
Remain on sidewalk and cross George Washington Carver Bridge
At 16th Street intersection crosswalk merge onto MLK Jr Pkwy

Mile 25: East of 16th Street on MLK Jr Pkwy

Continue east on MLK Jr Pkwy



Mile 26: North of MLK Jr Pkwy on Water Street

Continue east on MLK Jr Pkwy to Water Street

Turn right (north) on Water Street

Turn left (west) to finish on Court Avenue

Finish Line: 300 Court Avenue

***IMT Des Moines Marathon course maps available at desmoinesmarathon.com**