

SIZING CHART

IMT DES MOINES MARATHON

WOMEN'S			
LJI Size	BUST	WAIST	HIP
X-SMALL (0-2)	31-33	24-26	32-34
SMALL (4-6)	34-36	27-29	35-37
MEDIUM (8-10)	37-39	30-32	38-40
LARGE (12-14)	40-41	33-34	41-42
X-LARGE (16-18)	42-44	35-37	43-45
2X-LARGE (20-22)	45-48	38-45	46-51
3X-LARGE (22+)	49-52	46-49	52-55

MEN'S			
LJI Size	CHEST	WAIST	HIP
X-SMALL	32-34	27-29	32-34
SMALL	35-37	30-32	35-37
MEDIUM	38-40	33-35	38-40
LARGE	41-43	36-38	41-43
X-LARGE	44-46	39-41	44-46
2X-LARGE	47-49	42-44	47-49
3X-LARGE	50-52	45-47	50-52

MEASUREMENT TIPS

SELECT SHIRT SIZE BASED ON YOUR LARGEST MEASUREMENT
MEASUREMENTS SHOWN IN CHART REPRESENT BODY MEASUREMENTS. USE A
FABRIC MEASURING TAPE AND MEASURE AS FOLLOWS:

CHEST/BUST: LIFT ARMS SLIGHTLY AND MEASURE AROUND FULLEST PART OF
CHEST/BUST.

WAIST: MEASURE AROUND THE SMALLEST PART OF YOUR TORSO.

HIP: STAND WITH YOUR HEELS TOGETHER AND MEASURE AROUND THE FULLEST
AREA OF YOUR HIP.

