



IMT Des Moines Marathon Half Marathon Course Description

Start: 300 Court Avenue

Head east on Court Avenue
Turn right (south) on SE 5th Street
Turn right (west) on MLK Jr Pkwy

Mile 1: MLK Jr Pkwy west of SE 4th Street

Continue west on MLK Jr Pkwy
Turn right (north) on SW 11th Street

Mile 2: SW 11th Street south of Cherry Street

Continue north on SW 12th Street
Turn left (west) on Grand Avenue

IMT Des Moines Marathon & Half Marathon split at Grand Avenue & Fleur Drive

Mile 3: Fleur Drive Underpass

Turn right (west) into Water Works Park at the main entrance

Mile 4: Water Works Park Road west of amphitheater parking lot

Continue on Water Works Park road as it turns west

IMT Des Moines Marathon & Half Marathon rejoin at Water Works Park pedestrian bridge

Mile 5: Water Works Park Road west of pedestrian bridge parking lot

Turn right (north) at Y in the road to begin the Water Works Park loop

Mile 6: Water Works Park northwest corner of Loop

Follow Water Works Park loop north, then west, and then south, then east
Follow Water Works Park loop road as it curves northeast

Mile 7: Water Works Park northeast of George Flagg Pkwy Gate Entrance

Continue northeast along Water Works Park road



Mile 8: Water Works Park east of SW 30th Street Gate Entrance

Continue east along Water Works Park Road
Turn right (south) on Water Works Park arboretum road

Mile 9: Water Works Park south of Janis Ruan Trail Connector

Continue south along Water Works Park arboretum road
Turn left (east) on Janis Ruan Trail Connector under Fleur Drive to Gray's Lake Park trail
Turn right (south) on Gray's Lake Park trail and follow counter-clockwise around the trail
Follow Gray's Lake Park trail over the pedestrian bridge

Mile 10: Gray's Lake Park the southeast corner Parking Lot

Continue on the Gray's Lake Park trail around Gray's Lake

Mile 11: Gray's Lake Park east of Meredith Trail connector

Exit Gray's Lake Park trail (north) onto Meredith Trail
Remain on the sidewalk and cross George Washington Carver Bridge
At the 16th Street intersection crosswalk, merge onto MLK Jr Pkwy

Mile 12: MLK Jr Pkwy west of SW 11th Street

Continue east on MLK Jr Pkwy
Perform out and back on MLK Jr Pkwy bridge (eastbound lane)
Turn right (north) at 2nd Street

Mile 13: 2nd Street north of Market Street

Turn left (west) to finish on Court Avenue

Finish: 300 Court Avenue

***IMT Des Moines Marathon course maps are available at:
<https://www.desmoinesmarathon.com/course-maps/>**