



## IMT Des Moines Marathon MercyOne Children's Hospital Kids Run

The MercyOne Children's Hospital Kids Run features a family-friendly event with various health, wellness, and science-themed activities at the Science Center of Iowa on Sunday, October 16 at noon.

Distances vary based on academic grade level; however, children may participate in the distance that is best suited for their personal development.

### Start Times

|           |                              |                            |
|-----------|------------------------------|----------------------------|
| Noon      | Check-In                     |                            |
| 12:30 pm  | Preschool                    | Up to 75 yards (.04 mile)  |
| 12:35 pm  | Kindergarten                 | Up to 150 yards (.08 mile) |
| 12:40 pm  | 1st and 2nd Grade            | Up to 1/4 mile (.3 mile)   |
| 12:50 pm  | 3rd and 4th Grade            | Up to 1/2 mile (.65 mile)  |
| 1:00 p.m. | 5 <sup>th</sup> Grade and Up | Up to 1 mile (1 mile)      |

All participating children will receive a participation item and finisher medal, along with a MercyOne Children's Hospital Kids Run bib.

Registration for the MercyOne Children's Hospital Kids Run is only \$15.

Packet pick-up occurs at the DMOS Orthopaedic Sports & Fitness Expo on Friday, October 14, from 3:00 to 8:00 p.m., and on Saturday, October 15, from 10:00 a.m. to 3:00 p.m.

Iowa Events Center, 730 Third Street, Des Moines, IA 50309.

Or.

Packet pick-up is available Sunday, October 16, starting at noon at the registration table located outside the café entrance to the Science Center of Iowa

Science Center of Iowa, 401 Martin Luther King Jr. Pkwy, Des Moines, IA 50309.

For more information, visit the IMT Des Moines Marathon website at [desmoinesmarathon.com](http://desmoinesmarathon.com).