



## IMT Des Moines Marathon Half Marathon Course Description

### **Start: 300 Court Avenue**

Head east on Court Avenue  
Turn right (south) on SE 5th Street  
Turn right (west) on MLK Jr Pkwy

### **Mile 1: MLK Jr Pkwy west of SE 4th Street**

Continue west on MLK Jr Pkwy  
Turn right (north) on SW 11th Street

### **Mile 2: SW 11th Street south of Cherry Street**

Continue north on SW 12th Street  
Turn left (west) on Grand Avenue

### **IMT Des Moines Marathon & Half Marathon split at Grand Avenue & Fleur Drive**

### **Mile 3: Fleur Drive Underpass**

Turn left (west) into Water Works Park at the main entrance

### **Mile 4: Water Works Park Road west of amphitheater parking lot**

Continue on Water Works Park road as it turns west

### **IMT Des Moines Marathon & Half Marathon rejoin at Water Works Park pedestrian bridge**

### **Mile 5: Water Works Park Road west of pedestrian bridge parking lot**

Turn right (north) at Y in the road to begin the Water Works Park loop

### **Mile 6: Water Works Park northwest corner of Loop**

Follow Water Works Park loop north, then west, and then south, then east  
Follow Water Works Park loop road as it curves northeast

### **Mile 7: Water Works Park northeast of George Flagg Pkwy Gate Entrance**

Continue northeast along Water Works Park road



**Mile 8: Water Works Park east of SW 30<sup>th</sup> Street Gate Entrance**

Continue east along Water Works Park Road  
Turn right (south) on Water Works Park arboretum road

**Mile 9: Water Works Park south of Janis Ruan Trail Connector**

Continue south along Water Works Park arboretum road  
Turn left (east) on Janis Ruan Trail Connector under Fleur Drive to Gray's Lake Park trail  
Turn right (south) on Gray's Lake Park trail and follow counter-clockwise around the trail  
Follow Gray's Lake Park trail over the pedestrian bridge

**Mile 10: Gray's Lake Park west of southwest corner Parking Lot**

Continue on Gray's Lake Park trail around Gray's Lake

**Mile 11: Gray's Lake Park east of Meredith Trail connector**

Exit Gray's Lake Park trail (north) onto Meredith Trail  
Remain on the sidewalk and cross George Washington Carver Bridge  
At the 16th Street intersection crosswalk merge onto MLK Jr Pkwy

**Mile 12: MLK Jr Pkwy west of SW 11<sup>th</sup> Street**

Continue east on MLK Jr Pkwy  
Perform out and back on MLK Jr Pkwy bridge (eastbound lane)  
Turn right (north) at 2nd Street

**Mile 13: 2<sup>nd</sup> Street north of Market Street**

Turn left (west) to finish on Court Avenue

**Finish: 300 Court Avenue**

\*IMT Des Moines Marathon course maps are available at:  
<https://www.desmoinesmarathon.com/course-maps/>