



IMT Des Moines Marathon Half Marathon Course Description

Start: 300 Court Avenue

Begin east on Court Avenue
Turn right (south) at SE 5th Street
Turn right (west) at MLK Jr Pkwy

Mile 1: MLK Jr Pkwy west of SE 4th Street

Continue west at MLK Jr Pkwy
Turn right (north) at 12th Street

Mile 2: SW 11th Street south of Cherry Street

Continue north at SW 12th Street
Turn left (west) at Grand Avenue

IMT Des Moines Marathon & Half Marathon split at Grand Avenue & Fleur Drive

Turn left (south) onto Fleur Bridge underpass

Mile 3: Fleur Drive Bridge Underpass

Continue south at Fleur Bridge Underpass to merge onto Fleur Drive in far west lane
Turn right (west) into Water Works Park at Gray's Lake Park
Follow Water Works Park Road south and then west

Mile 4: Water Works Park north of Amphitheater Parking Lot

Continue at Water Works Park road as it turns west

IMT Des Moines Marathon & Half Marathon join at Water Works Park pedestrian bridge

Mile 5: Water Works Park west of Pedestrian Bridge

Continue at Water Works Park road as it turns south and then west again
Turn right (north) at Y in the road to begin the Water Works Park loop
Follow Water Works loop north, then west, and then back south

Mile 6: Water Works Park northeast corner of Loop

Continue at Water Works Park road as it turns south
Follow Water Works loop north, then west, and then south



Follow Water Works Park loop road as it curves east

Mile 7: Water Works Park northeast of George Flagg Pkwy Gate Entrance

Continue northeast along Water Works Park road
Follow Water Works Park road to the east and towards loop connector

Mile 8: Water Works Park west of G SW 30th Street Gate Entrance

Continue east along Water Works Park Road
Turn right (south) at Water Works Park Arboretum Road

Mile 9: Water Works Park north of Janis Ruan Trail Connector

Continue south along Water Works Park Arboretum Road
Turn left (east) at Janis Ruan Trail Connector to access Gray's Lake Park trail
Turn right (south) at Gray's Lake Park trail
Follow Gray's Lake Park trail east over pedestrian bridge

Mile 10: Gray's Lake Park west of southeastern Parking Lot

Continue around Gray's Lake Park trail
Exit Gray's Lake Park trail (north) onto Meredith Trail

Mile 11: Meredith Trail south of Gray's Lake Park Trail

Continue at Meredith Trail north towards MLK Jr Pkwy
Remain at the sidewalk and cross George Washington Carver Bridge
At SW 16th Street, merge into eastbound lane of MLK Jr Pkwy

Mile 12: MLK Jr Pkwy west of SW 11th Street

Continue east at MLK Jr Pkwy and SW 11th Street
Cross into westbound lane of MLK Jr Pkwy at 2nd Street
Perform out and back at MLK Jr Pkwy bridge (westbound lane)
Turn left (north) at Water Street

Mile 13: Water Street north of Market Street

Continue north at Water Street to Court Avenue.
Turn left (east) to finish at Court Avenue at 3rd Street

Finish: 300 Court Avenue

***IMT Des Moines Marathon course maps available at desmoinesmarathon.com/athletes.**