



## KidStriders

# Mile-A-Thon Fitness Program Registration Form

To register, please return this completed form with the entry fee to:  
Iowa Kidstrong, Inc., Mile-A-Thon, 659 46<sup>th</sup> Street, Des Moines, IA 50312.  
Mailing of Mile-A-Thon Packets to participants will begin June 21, 2010.  
*Do not mail registration after September 1, 2010.*

***NOTE: the Iowa Kidstrong, Inc. Kids Run at the Des Moines Marathon requires separate registration and a separate entry fee. See [www.desmoinesmarathon](http://www.desmoinesmarathon) for more information.***

Participant's Name \_\_\_\_\_ Gender (circle one): M F

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Age (on 10/16/10) \_\_\_\_\_ Date of Birth: ( \_\_\_/\_\_\_/\_\_\_ )

Parent/Guardian Name \_\_\_\_\_

Daytime Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

**Program Fee (payable to Iowa Kidstrong, Inc.):** \$ 20.00

**TOTAL ENCLOSED** \$ \_\_\_\_\_

### **PARENT/GUARDIAN RELEASE AND INDEMNIFICATION AGREEMENT**

My child (named above) has my permission to participate in the Iowa Kidstrong, Inc. KidStriders Mile-A-Thon program. The undersigned acknowledges that the Iowa Kidstrong, Inc. KidStriders Mile-A-Thon Program is voluntary and that my child is voluntarily participating. I hereby release Iowa Kidstrong, Inc. its officers, directors, and agents, all sponsors, The Des Moines Marathon and all volunteers, and any other parties from any and all liability whatsoever, including all claims, demands, or causes of action of every nature which arise out of or are in any way connected with the Iowa Kidstrong, Inc. KidStriders Mile-A-Thon Program.

The undersigned agrees that the above-mentioned parties shall be held harmless in the event of an accident causing damages or loss of property or injury to my child. I grant permission to all foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I have read the foregoing Release, understand its terms, and freely and voluntarily sign the same.

Signature (Parent/Guardian) \_\_\_\_\_ Date \_\_\_\_\_

**For Office Use Only:** Date Rec'd: \_\_\_\_\_ Receipt No.: \_\_\_\_\_ Packet Sent \_\_\_\_\_