



## **IMT Des Moines Marathon Half Marathon Course Notes**

### **Start: 309 Locust Street**

**Handicap parking meter, between light poles on each side of street.**

Head east on Locust Street

Turn right (south) on East 7th Street

Turn right (west) on Court Avenue

### **Mile 1: Court Avenue between East 6<sup>th</sup> and East 5<sup>th</sup> Street**

**See lamppost across East 5<sup>th</sup> and signpost on north side of street.**

**Five parking meters to the east on Court Avenue**

Continue west on Court Avenue

Turn right (north) on 4<sup>th</sup> Street

Turn left (west) on Walnut Avenue

### **Mile 2: Walnut Avenue between 8<sup>th</sup> and 9<sup>th</sup>**

**Closer to 8<sup>th</sup>. Three trees west of fire hydrant on corner of 8<sup>th</sup>/Walnut.**

Continue west on Walnut Avenue

Turn right (north) on 15<sup>th</sup> Street

Turn left (west) on Grand Avenue

### **Marathon & Half Marathon Courses Split at Grand Avenue and Fleur Drive**

Turn left (south) at Fleur Drive and merge right onto Fleur Drive entrance ramp

### **Mile 3: Fleur Drive on Raccoon River Bridge**

**In front of 11<sup>th</sup> drainage gutter from the south end of bridge.**

Continue to follow Fleur Drive entrance ramp and merge onto Fleur Drive

Turn right (west) into Water Works Park at Gray's Lake Park

### **Mile 4: West of Water Works Park Arboretum**

**On park road to the east of large pond and before turn to the west.**

**Ten feet south of Wildlife Management sign.**

Follow Water Works Park Road south and then west

### **Marathon & Half Marathon Courses Rejoin at Water Works Park Pedestrian Bridge**

### **Mile 5: West of Water Works Park Pedestrian Bridge**

**West of pedestrian bridge and concrete drain structure to the south.**

**There is an electrical pole on the north side of road.**

Turn right (north) at Y in the road to begin Water Works Park loop

Follow Water Works loop north, then west, and then back south

### **Mile 6: Water Works Park Loop Along Raccoon River**

**No good marker. Between two large trees to the west.**

Follow Water Works loop north, then west, and then south

Follow Water Works Park loop road as it curves east



## **IMT Des Moines Marathon Half Marathon Course Notes**

### **Mile 7: East of Water Works Park Shelter**

**Sixty-five feet west of park grill on south side of road.**

Continue east along Water Works Park road

### **Mile 8: Water Works Park Gate Entrance at SW 30<sup>th</sup> Street**

**Eight feet east of parking gate and one foot west of connector pole.**

Continue east along Water Works Park road

Exit Water Works Park and cross Fleur Drive

Enter Gray's Lake Park on continue east on John Grubb Lane

### **Mile 9: Gray's Lake Park Parking Lot**

**No parking paint on curve in curb. Just before walking path.**

**Blue light pole to the north and tree to the south.**

Turn right (south) into Gray's Lake Park parking lot entrance

Turn left (east) into parking lot and right (south) onto Gray's Lake Park trail

Follow Gray's Lake Park trail over pedestrian bridge

### **Mile 10: Gray's Lake Park Trail East of Southeastern Parking Lot**

**West of trail connector from parking lot.**

**Between 1<sup>st</sup> and 2<sup>nd</sup> light pole, closer to 2<sup>nd</sup> light pole.**

Continue on Gray's Lake Park trail around Gray's Lake

Exit Gray's Lake Park trail (north) onto Meredith Trail

### **Mile 11: Meredith Trail along Raccoon River**

**Just south of deer crossing sign on Fleur (est. 4 ft)**

Remain on sidewalk and cross George Washington Carver Bridge

At 16<sup>th</sup> Street intersection turn right (south) to complete out and back

Turn right (east) on Martin Luther King Boulevard

### **Mile 12: East of 14<sup>th</sup> Street on Martin Luther King Boulevard**

**Just east of 3<sup>rd</sup> light pole with 40\* mark.**

Continue east on Martin Luther King Boulevard

Turn left (north) at 3<sup>rd</sup> Street

### **Mile 13: North of Court Avenue on 3<sup>rd</sup> Street**

**Intersection of Court and 3<sup>rd</sup> Street. 66 feet south of 206 3<sup>rd</sup> street door and 1<sup>st</sup> no parking sign to the north of intersection. Manhole cover.**

Continue north on 3<sup>rd</sup> Street to Nollen Plaza

### **Finish: North of Walnut Avenue on 3<sup>rd</sup> Street\***

**North of light pole and south of concrete circular structure on west side.**

**\*IMT Des Moines Marathon course maps available at [desmoinesmarathon.com](http://desmoinesmarathon.com)**