



IMT Des Moines Marathon Volunteer Duties

Wellmark Blue Cross and Blue Shield Sports & Fitness Expo – Set Up

Volunteer duties include set up of expo hall activities such as assembly line placement of product samples, brochures and race information into athlete packets for use at packet pick up. Race shirts need to be organized for registration. Some heavy lifting required.

IMT Des Moines Marathon – Athlete Registration

Volunteer duties including assisting race officials with walk up athlete registration. Ability to understand athlete registration process is beneficial.

IMT Des Moines Marathon – Athlete Packet Pick Up

Volunteer duties include providing athletes with registration materials including race number/bib and athlete packet. Ability to answer questions athletes may have and direct them to race officials for assistance if needed. Some lifting may be required.

IMT Des Moines Marathon – Timing

Volunteer duties including assisting timing company for races with Sportag™ confirmation process for athletes. Ability to understand athlete registration process is beneficial.

IMT Des Moines Marathon – Volunteer Sign In

Volunteer duties include checking in and checking out volunteers and assigning them to appropriate volunteer shift. Ability to switch volunteers to areas of need based on demand at that time.

IMT Des Moines Marathon –Information Booth

Volunteer duties include answering athlete questions ranging from where to stay and eat to where to park on race morning etc. Ability to send athlete to someone who would know or find appropriate answer is beneficial.

IMT Des Moines Marathon – Athlete Hospitality

Volunteer duties include meeting specific athlete needs. Escorting athletes from their hotel to expo, sponsor party, start line etc. May be responsible for picking an elite athlete up from the airport or returning them to the airport following the race.

IMT Des Moines Marathon – Race Shirt Pick Up

Volunteer duties include giving athletes race shirt after they complete the registration process at packet pick up. Athletes have registered for specific shirt size. Some lifting may be included.



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IMT Des Moines Marathon - Course Set Up

Volunteer duties includes setting up portions of the race course such as aid stations, mile markers and traffic cones designed to define running routes along the course. Placing mile markers on the course. Setting up aid station tables and supplies. Course Set Up volunteers will work closely with Course Maintenance and Course Marshals. Some heavy lifting may be required.

IMT Des Moines Marathon – Aid Stations

Volunteer duties include set up of aid station including tables, cups and trash area. Cups should be filled with water and Gatorade to be handed out to runners as they pass by the aid station. Additional cups of water and Gatorade need to be filled, while used cups from runners need to be swept away and placed in trash receptacles. Communication with race officials to request additional aid station supplies before they are actually needed is crucial. Tear down of aid station is need following last runner past aid station. Some heavy lifting may be required.

IMT Des Moines Marathon - Course Maintenance

Volunteer duties include stocking aid stations with supplies such as tables, water, cups and Gatorade. Some aid stations will require additional supplies once the race has started. Responsibilities will include the transportation of supplies from one aid station to another as needed. Duties may also include moving traffic cones and marker signs to establish defined routes for the runners along the course. Some heavy lifting may be required.

IMT Des Moines Marathon - Course Marshal

Volunteer duties include directing runner traffic at a defined location to ensure athletes are following the correct course. Course marshals can also serve as monitors along the course, relaying key information such as lead and tail runner, a runner who may be struggling and the general public who are being diverted from their normal traffic pattern on race day.

5-Person Marathon Relay Challenge - Transition Areas

Volunteer duties include overseeing one of the four transition areas for relay team. Each team will transition one member to the next member on the team by entering a transition area to exchange a timing device worn on the runner's shoe. Volunteer will help to keep public and other members of the team out of the transition area, so that only the next runner of the relay team is in the transition area awaiting their team member. Set up and tear down of transition area to include one table and some chairs.

IMT Des Moines Marathon - Course Tear Down

Volunteer duties includes tearing down portions of the race course such as aid stations, mile markers and traffic cones designed to define running routes along the course. Removing mile markers from the course. Breaking down aid station tables and supplies. Course Tear Down volunteers will work closely with Course Maintenance and Course Marshals. Some heavy lifting may be required.



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IMT Des Moines Marathon - Start/Finish Line Set Up

Volunteer duties include set up of event equipment including tents, tables and chairs at Nollen Plaza. Assisting race officials with placement of barricades and snow fencing for finish line chute. Sponsor banners to be attached to barricades. Sportag removal, heat sheets, medals and food stations need to be arranged for the athlete village following the start of the last race. Some heavy lifting may be required.

IMT Des Moines Marathon - Baggage Check

Volunteer duties include taking athlete bag of personal belonging and writing race number/bib on athlete bag. Athlete bags will need to be monitored during race and returned to athlete with corresponding race number/bib upon their return to baggage check.

IMT Des Moines Marathon - Finish Line Heat Sheets

Volunteer duties include providing IMT Des Moines Marathon finishers within finish line chute with a heat sheet.

IMT Des Moines Marathon - Finish Line Medals

Volunteer duties include providing IMT Des Moines Marathon and Half Marathon finishers within finish line chute with a corresponding finisher medal.

IMT Des Moines Marathon - Finish Line Sportag Removal

Volunteer duties include assisting athlete with removal of Sportag™ timing device from their shoe within finish line chute.

IMT Des Moines Marathon – Finish Line Awards

Volunteer duties include assisting timing company and awards ceremony emcee with print out results for posting and for announcing age division winners at awards ceremony.

IMT Des Moines Marathon – Finish Line Timing

Volunteer duties include assisting timing company with needs at finish line.

IMT Des Moines Marathon – Finish Line Athlete Security

Volunteer duties include monitoring finish line, finish line chute and finish line athlete food area to ensure only athletes are allowed in and out of specified areas.

IMT Des Moines Marathon – Finish Line Beer

Volunteer duties include assisting beer company with beer service to athletes over the age of twenty-one. Volunteer must be at least twenty-one years of age.

IMT Des Moines Marathon – Start/Finish Line Tear Down

Volunteer duties include tear down of event equipment including tents, tables and chairs at Nollen Plaza. Removing barricades and snow fencing for finish line chute. Sponsor banners to be taken off barricades. Sportag removal, heat sheets, medals and food stations need to be taken down. Some heavy lifting may be required.