



IMT Des Moines Marathon Elite Athlete Information

Elite athletes who are interested in competing in the IMT Des Moines Marathon on Sunday, October 17, 2010 should contact the IMT Des Moines Marathon (DMM) office to discuss elite athlete appearance opportunities for the Marathon, Half Marathon, Marathon Relay or 5K Road Race.

An elite athlete is considered committed to the IMT Des Moines Marathon once they have 1) submitted a DMM elite athlete bio 2) provided supporting documentation that they can qualify to run within established DMM elite time standards 3) completed DMM race entry form and documentations and 4) received written confirmation from the DMM elite athlete committee.

Waived race entry is available for athletes who can commit to the race prior to September 1, 2010. Compensated hotel rooms will be assigned based on athlete accomplishment. Selected athletes will be required to share hotel rooms with other elites. Family members or people traveling with the elite athletes are required to provide their own lodging. Travel assistance is available following the race to athletes who finish within their predicted time.

Elite athletes with waived race entry are NOT permitted to utilize private, unregistered pacers. Any athlete on the DMM course, who is being paced or receiving aid (water/gel) by another person on foot, bicycle or motorized vehicle who is NOT registered for that race, will result in disqualification.

Elite Athlete Time Standards

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| > Open Marathon Male Under 2:35 | > Open Marathon Female Under 3:00 |
| > Open Half Marathon Male Under 1:14 | > Open Half Marathon Female Under 1:27 |
| > Master's Marathon Male Under 2:55 | > Master's Marathon Female Under 3:15 |
| > Master's Half Marathon Male Under 1:24 | > Master's Half Marathon Female Under 1:33 |
| > Open 5K Male Under 16:00 | > Open 5K Female Under 19:00 |
| > Open 10K Male Under 33:30 | > Open 10K Female Under 39:30 |

IMT Des Moines Marathon Course Records

Open Marathon Male:	2:22:57	Simon Sawe	Kenya
		David Chepkwony	Kenya
Open Marathon Female:	2:41:32	Robyn Friedman	Iowa
Open Half Marathon Male:	1:06:03	Jeff Jonaitis	Illinois
Open Half Marathon Female:	1:16:40	Jenna Boren	Minnesota
Masters Marathon Male:	2:37:14	Dave Johnson	Nebraska
Masters Marathon Female:	2:53:47	Wendy Terris	Oregon

Prize Money

- Open Marathon Male -1st Place \$4,000, 2nd Place \$2,000, 3rd Place \$750
- Open Marathon Female – 1st Place \$4,000, 2nd Place \$2,000, 3rd Place \$750
- Open Half Marathon Male - 1st Place \$750, 2nd \$500, 3rd \$250
- Open Half Marathon Female - 1st Place \$750, 2nd \$500, 3rd \$250
- Master's Marathon Male - 1st Place \$150
- Master's Marathon Female - 1st Place \$150
- Master's Half Marathon Male - 1st Place \$100
- Master's Half Marathon Female - 1st Place \$100
- *Open Marathon Male/Female - \$500 bonus if from the state of Iowa
- *Open Half Marathon Male/Female - \$100 bonus if from the state of Iowa

The IMT Des Moines Marathon does not duplicate or 'double-dip' cash, trophy or age group awards. For additional information and/or to request elite athlete applications please contact: