



## IMT Des Moines Marathon Course Records

### IMT Des Moines Marathon

|                         |         |                 |          |      |
|-------------------------|---------|-----------------|----------|------|
| Open Marathon Male      | 2:22:57 | Simon Sawe      | Kenya    | 2003 |
|                         |         | David Chepkwony | Kenya    | 2007 |
| Open Marathon Female    | 2:41:32 | Robyn Friedman  | Iowa     | 2009 |
| Masters Marathon Male   | 2:37:14 | Dave Johnson    | Nebraska | 2005 |
| Masters Marathon Female | 2:53:47 | Wendy Terris    | Oregon   | 2009 |
| Iowa Marathon Male      | 2:24:42 | Marty Dalton    | Iowa     | 2008 |
| Iowa Marathon Female    | 2:41:32 | Robyn Friedman  | Iowa     | 2009 |

### IMT Des Moines Half Marathon

|                              |         |                |           |      |
|------------------------------|---------|----------------|-----------|------|
| Open Half Marathon Male      | 1:06:03 | Jeff Jonaitis  | Illinois  | 2008 |
| Open Half Marathon Female    | 1:16:40 | Jenna Boren    | Minnesota | 2009 |
| Masters Half Marathon Male   | 1:14:52 | Dan Carlson    | Minnesota | 2007 |
| Masters Half Marathon Female | 1:28:32 | Julie Fiepke   | Iowa      | 2009 |
| Iowa Half Marathon Male      | 1:09:11 | Skyler Nesheim | Iowa      | 2009 |
| Iowa Half Marathon Female    | 1:20:46 | Lisa Marshall  | Iowa      | 2008 |

### Principal Financial Group 5K Road Race

|                     |       |                     |           |      |
|---------------------|-------|---------------------|-----------|------|
| 5K Road Race Male   | 15:50 | J Austin Williamson | Iowa      | 2008 |
|                     |       | Vince Temu          | Wisconsin | 2009 |
| 5K Road Race Female | 17:47 | Valerie Hubbard     | Wisconsin | 2009 |

### Bankers Trust Marathon Relay

|                         |         |                           |      |      |
|-------------------------|---------|---------------------------|------|------|
| 5-Person Male Team      | 2:32:06 | Principal Financial Group | Iowa | 2007 |
| 5-Person Female Team    | 3:24:53 | Barb's Army: Strength     | Iowa | 2009 |
| 5-Person Co-ed Team     | 3:08:06 | Ernst & Young             | Iowa | 2007 |
| 5-Person Corporate Team | 2:40:09 | Principal Financial Group | Iowa | 2008 |

### IMT Des Moines Marathon

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