



IMT Des Moines Marathon Half Marathon Course Description

Start: 309 Locust Street

Head east on Locust Street
Turn right (south) on East 7th Street
Turn right (west) on Court Avenue

Mile 1: Court Avenue between East 6th and East 5th Street

Continue west on Court Avenue
Turn right (north) on 4th Street
Turn left (west) on Walnut Avenue

Mile 2: Walnut Avenue between 8th and 9th

Continue west on Walnut Avenue
Turn right (north) on 15th Street
Turn left (west) on Grand Avenue

Marathon/Half Marathon Courses Split at Grand Avenue and Fleur Drive

Turn left (south) at Fleur Drive and merge right onto Fleur Drive entrance ramp

Mile 3: Fleur Drive on Raccoon River Bridge

Continue to follow Fleur Drive entrance ramp and merge onto Fleur Drive
Turn right (west) into Water Works Park at Gray's Lake Park

Mile 4: West of Water Works Park Arboretum

Follow Water Works Park Road south and then west

Marathon/Half Marathon Courses Rejoin at Water Works Park Pedestrian Bridge

Mile 5: West of Water Works Park Pedestrian Bridge

Turn right (north) at Y in the road to begin Water Works Park loop
Follow Water Works loop north, then west, and then back south

Mile 6: Water Works Park Loop Along Raccoon River

Follow Water Works loop north, then west, and then south
Follow Water Works Park loop road as it curves east

Mile 7: East of Water Works Park Shelter

Continue east along Water Works Park road

Mile 8: Water Works Park Gate Entrance at SW 30th Street

Continue east along Water Works Park road
Exit Water Works Park and cross Fleur Drive
Enter Gray's Lake Park on continue east on John Grubb Lane



Mile 9: Gray's Lake Park Parking Lot

Turn right (south) into Gray's Lake Park parking lot entrance

Turn left (east) into parking lot and right (south) onto Gray's Lake Park trail

Follow Gray's Lake Park trail over pedestrian bridge

Mile 10: Gray's Lake Park Trail East of Southeastern Parking Lot

Continue on Gray's Lake Park trail around Gray's Lake

Exit Gray's Lake Park trail (north) onto Meredith Trail

Mile 11: Meredith Trail Along Raccoon River

Remain on sidewalk and cross George Washington Carver Bridge

At 16th Street intersection turn right (south) to complete out and back

Turn right (east) on Martin Luther King Boulevard

Mile 12: East of 16th Street on Martin Luther King Boulevard

Continue east on Martin Luther King Boulevard

Turn left (north) at 3rd Street

Mile 13: North of Court Avenue on 3rd Street

Continue north on 3rd Street to Nollen Plaza

Finish: North of Walnut Avenue on 3rd Street*

*IMT Des Moines Marathon course maps available at desmoinesmarathon.com