

2003 Half Marathon Results

Place	No.	Name	Age	Sex	City	St	Gun Time	Chip Time	Pace
1	3260	Kevin Barnes	32	M	Indianola	IA	1:16:54	1:16:53	5:53
2	2821	Philip Jones	20	M	Suwanee	GA	1:18:45	1:18:44	6:01
3	2497	Dick Beardsley	47	M	Detroit Lakes	MN	1:20:42	1:20:41	6:10
4	3518	Ron Beene	38	M	Omaha	NE	1:21:00	1:20:59	6:11
5	3459	Jason Huntley	30	M	Ames	IA	1:21:56	1:21:54	6:16
6	2840	Ron Dulas Jr	25	M	Lincoln	NE	1:23:37	1:23:33	6:23
7	3254	John Fritts	45	M	Lincoln	NE	1:24:38	1:24:37	6:28
8	2563	Henry Devereaux	47	M	Kansas City	MO	1:27:29	1:27:27	6:41
9	3000	Ted Rossiter	37	M	Des Moines	IA	1:27:36	1:27:34	6:42
10	3495	Vic Morales	29	M	Johnston	IA	1:27:45	1:27:43	6:42
11	3516	Joel Greve	42	M	Allen	NE	1:29:07	1:29:04	6:48
12	3490	Jay Devore	21	M	Ames	IA	1:29:35	1:29:34	6:51
13	3515	Ruby Bode	23	F	West Des Moines	IA	1:29:53	1:29:49	6:52
14	2907	Richard Kammerer	46	M	Mason City	IA	1:30:07	1:30:04	6:53
15	3453	Adam Moeller	25	M	Ames	IA	1:30:42	1:30:07	6:53
16	2555	Bruce Hermiston	40	M	Des Moines	IA	1:30:31	1:30:26	6:55
17	3489	Ian Gunniss	19	M	Ames	IA	1:31:34	1:31:12	6:58
18	3443	Amanda Baron-Fritts	41	F	Lincoln	NE	1:31:25	1:31:23	6:59
19	2847	Bill Bennett	38	M	Cedar Rapids	IA	1:31:33	1:31:25	6:59
20	3416	Adam Muhleisen	22	M	Des Moines	IA	1:33:16	1:33:12	7:07

21	2509	Dale Tunender	36	M	Norwalk	IA	1:33:36	1:33:34	7:09
22	2713	Adam Wiederholt	30	M	Clinton	IA	1:34:18	1:34:15	7:12
23	2787	Russ Weeks	54	M	Seattle	WA	1:33:20	1:34:16	7:12
24	3332	Florente Arroyo	28	M	Des Moines	IA	1:34:23	1:34:22	7:13
25	3310	Mark Stelmacher	49	M	West Des Moines	IA	1:34:28	1:34:25	7:13
26	3287	Michael Hoffman	49	M	Clive	IA	1:34:45	1:34:44	7:14
27	3506	Darrel Davison	36	M	Johnston	IA	1:35:03	1:35:00	7:16
28	2771	Chad Hendricks	23	M	West Lafayette	IN	1:35:04	1:35:00	7:16
29	2832	Chris Corwin	29	M	Sioux Falls	SD	1:35:31	1:35:20	7:17
30	3414	Greg Reynolds	42	M	Cedar Rapids	IA	1:35:33	1:35:29	7:18
31	3221	Kevin Donnelly	20	M	Ames	IA	1:35:35	1:35:32	7:18
32	3233	Cory Meeder	27	M	Des Moines	IA	1:36:03	1:35:37	7:18
33	3502	Reed Rinderknecht	33	M	Clive	IA	1:35:43	1:35:39	7:19
34	3262	Heather Cruz Smith	26	F	Kansas City	MO	1:35:58	1:35:57	7:20
35	3500	Kim Arndt	38	F	Indianola	IA	1:36:06	1:36:03	7:20
36	3105	Nancy Altorfer	20	F	Ames	IA	1:36:27	1:36:24	7:22
37	2924	Matthew Huerter	28	M	Kansas City	KS	1:37:17	1:36:37	7:23
38	3347	Sheila Maddock	47	F	Johnston	IA	1:36:49	1:36:48	7:24
39	3361	David Saggau	44	M	West Des Moines	IA	1:37:00	1:36:57	7:24
40	3199	Tom Ferree	46	M	West Des Moines	IA	1:37:00	1:36:57	7:25
41	3464	Kara Longfield	26	F	Des Moines	IA	1:37:09	1:36:58	7:25
42	2946	Bruce Lenth	30	M	Parker	CO	1:37:13	1:37:09	7:25
43	3348	Peter Percival	50	M	Des Moines	IA	1:37:15	1:37:10	7:25

44	3283	Chuck Clark	52	M	Carroll	IA	1:37:21	1:37:17	7:26
45	3395	Ken Kreber	45	M	Sioux City	IA	1:37:28	1:37:18	7:26
46	3304	Teresa Beacom	37	F	Lincoln	NE	1:37:55	1:37:49	7:28
47	3351	Bill Johnson	63	M	Plano	TX	1:37:59	1:37:55	7:29
48	2498	Christine Lacy	39	F	Glassboro	NJ	1:38:11	1:38:08	7:30
49	2985	Tom Sweeney	39	M	Columbia	MO	1:38:18	1:38:13	7:30
50	2842	Jean Seward	38	F	Clive	IA	1:39:03	1:38:18	7:31
51	2947	Brian Standley	37	M	Ames	IA	1:39:00	1:38:25	7:31
52	3367	Paul Grinvalds	45	M	West Des Moines	IA	1:38:48	1:38:28	7:31
53	2721	Kara Heimann	27	F	Lincoln	NE	1:39:09	1:39:00	7:34
54	3068	David Teachout	43	M	Des Moines	IA	1:39:23	1:39:00	7:34
55	2759	Mark Jacobs	24	M	Omaha	NE	1:39:42	1:39:20	7:35
56	3519	Leigh Officer	35	F	Omaha	NE	1:39:27	1:39:22	7:36
57	3171	Jeff Osmundson	38	M	Pleasant Hill	IA	1:39:28	1:39:23	7:36
58	3316	Pat Mcquillan	25	M	Omaha	NE	1:39:49	1:39:28	7:36
59	159	Mel Wittmaack	44	M	Lincoln	NE	1:39:34	1:39:34	7:36
60	3091	Kelli Kilgore	24	F	West Des Moines	IA	1:39:40	1:39:36	7:37
61	3084	Mike Jacobi	39	M	Shellsburg	IA	1:39:59	1:39:48	7:38
62	3192	James Demmel	43	M	Marshalltown	IA	1:40:05	1:39:52	7:38
63	3488	Kimberly Dea	24	F	West Des Moines	IA	1:41:02	1:40:27	7:41
64	3163	Douglas Ross	43	M	Ankeny	IA	1:40:44	1:40:40	7:42
65	3263	Jeff Shima	49	M	Allison	IA	1:41:30	1:41:03	7:43
66	2684	Stephen Price	35	M	Spencer	IA	1:41:39	1:41:12	7:44
67	3154	Jeremy Kilgore	27	M	San Diego	CA	1:41:36	1:41:33	7:46
68	3476	Kara Dickey	23	F	West Des Moines	IA	1:42:07	1:42:00	7:48
69	3181	Leon Regehr	36	M	Clarinda	IA	1:42:32	1:42:02	7:48
70	2536	Mike Lowe	39	M	West Des	IA	1:42:31	1:42:12	7:49

Moines

71	2535	Suzanne Lowe	35	F	West Des Moines	IA	1:42:30	1:42:12	7:49
72	3179	Barb Kellogg	39	F	Winterset	IA	1:42:32	1:42:15	7:49
73	3384	Ben Shaberman	42	M	Des Moines	IA	1:42:23	1:42:18	7:49
74	3496	Andrew Shipley	36	M	West Des Moines	IA	1:42:48	1:42:22	7:49
75	3433	Goetz Nawroth	24	M	Decorah	IA	1:42:38	1:42:36	7:50
76	3293	Mark Mcconnell	22	M	West Des Moines	IA	1:42:59	1:42:50	7:51
77	2991	Sonja Selvig	26	F	Urbandale	IA	1:43:06	1:42:50	7:51
78	2795	Susan Ridenour	45	F	Des Moines	IA	1:43:22	1:43:01	7:52
79	3234	Katie Komenda	26	F	Prairie Village	KS	1:43:09	1:43:07	7:53
80	3272	Greg Goodman	38	M	Ames	IA	1:43:20	1:43:11	7:53
81	2856	Sarah Stalder	31	F	Rogers	AR	1:43:17	1:43:15	7:53
82	3364	Karla Button	34	F	Cedar Rapids	IA	1:43:37	1:43:26	7:54
83	2499	Don Owens	45	M	Des Moines	IA	1:42:33	1:43:28	7:54
84	3308	Rick Gubbels	46	M	Des Moines	IA	1:42:33	1:43:28	7:54
85	3108	Rick Dawson	45	M	Indianola	IA	1:43:45	1:43:42	7:55
86	3362	Tim Ortale	36	M	Reno	NV	1:44:01	1:43:43	7:56
87	2944	Angela Lenth	29	F	Parker	CO	1:43:48	1:43:43	7:56
88	3493	Mark Powers	49	M	Cedar Rapids	IA	1:44:10	1:44:00	7:57
89	2782	Shawn Rolland	22	M	Des Moines	IA	1:44:27	1:44:01	7:57
90	2844	Aaron Fader	30	M	Vermillion	SD	1:44:53	1:44:16	7:58
91	3245	Christopher Wright	37	M	Theif River Fal	MN	1:48:00	1:44:22	7:58
92	2786	Reitha Weeks	52	F	Seattle	WA	1:44:33	1:44:26	7:59
93	3031	Barbara Delisle	38	F	Chicago	IL	1:44:36	1:44:30	7:59
94	3023	John Vujnovich	49	M	Des Moins	IA	1:44:40	1:44:34	7:59
95	3112	Neil Seales	51	M	Rhodes	IA	1:44:52	1:44:43	8:00
96	3236	Kevin Cox	25	M	Des Moines	IA	1:45:41	1:44:55	8:01

97	3252	David Cashman	27	M	Chicago	IL	1:45:29	1:44:57	8:01
98	3359	Keith Lyles	28	M	Des Moines	IA	1:45:15	1:45:08	8:02
99	3168	Gonzalez Lou	49	M	Overland Park	KS	1:45:19	1:45:15	8:03
100	3315	Kathy Larson	39	F	West Des Moines	IA	1:45:22	1:45:19	8:03
101	2651	Gregg Alliss	46	M	Cedar Rapids	IA	1:45:28	1:45:21	8:03
102	2508	Denise Charter-Jones	42	F	Urbandale	IA	1:45:37	1:45:27	8:03
103	2913	Julie Kaftan	45	F	Council Bluffs	IA	1:45:35	1:45:31	8:04
104	3505	Rob Best	42	M	Fall City	IA	1:45:37	1:45:32	8:04
105	3268	Larry Zimpleman	52	M	Cumming	IA	1:45:37	1:45:32	8:04
106	2912	John Styba	58	M	Winona	MN	1:45:39	1:45:34	8:04
107	3451	Paul Norwood	32	M	Alsip	IL	1:45:44	1:45:40	8:04
108	3466	Melanie Iler	22	F	Iowa City	IA	1:45:53	1:45:47	8:05
109	3333	Nancy Willert	47	F	Nevada	IA	1:46:02	1:45:48	8:05
110	2854	Ryan Stalder	32	M	Rogers	AR	1:45:51	1:45:48	8:05
111	3269	Andrew Voss	25	M	Minneapolis	MN	1:45:57	1:45:49	8:05
112	3270	Carl Voss	54	M	Des Moines	IA	1:45:58	1:45:50	8:05
113	3231	Steven Wandro	46	M	Des Moines	IA	1:46:04	1:45:50	8:05
114	2917	Tanya Poshusta	23	F	Fort Dodge	IA	1:46:08	1:45:59	8:06
115	2732	Stacy Dietch	26	F	Des Moines	IA	1:46:07	1:46:00	8:06
116	3131	Nicole Kreber	19	F	Ames	IA	1:46:21	1:46:04	8:06
117	3334	Jill Berg	34	F	West Des Moines	IA	1:46:11	1:46:09	8:07
118	2609	Susan Gunderson	39	F	Burnsville	MN	1:46:20	1:46:14	8:07
119	3460	Heather Huntley	30	F	Ames	IA	1:46:29	1:46:17	8:07
120	2799	Sarah Wiese	36	F	West Des Moines	IA	1:46:42	1:46:22	8:08
121	2955	Patrick	45	M	Bridgeville	PA	1:46:48	1:46:29	8:08

Williams

122	3077	Martha Rockwell	27	F	Ankeny	IA	1:46:51	1:46:30	8:08
123	2728	Pamela Torgerson	33	F	Ankeny	IA	1:46:39	1:46:36	8:09
124	3214	Kurt Larson	36	M	Springfield	MO	1:46:43	1:46:37	8:09
125	2507	Rebecca Brannan	38	F	Urbandale	IA	1:46:53	1:46:43	8:09
126	3080	Dan Holm	38	M	Ankeny	IA	1:47:09	1:46:55	8:10
127	3012	Jamie Nelson	22	F	Des Moines	IA	1:47:12	1:47:05	8:11
128	2737	Dana Plew	36	F	Des Moines	IA	1:47:14	1:47:11	8:11
129	3188	Joseph Short	39	M	Elmhurst	IL	1:47:42	1:47:11	8:11
130	2635	Keith Kenel	42	M	Cedar Rapids	IA	1:47:21	1:47:12	8:11
131	3404	Jane Crosman	34	F	Des Moines	IA	1:47:21	1:47:17	8:12
132	3191	Veronica Demmel	47	F	Marshalltown	IA	1:47:34	1:47:19	8:12
133	3357	Mike Zuendel	49	M	Des Moines	IA	1:47:36	1:47:24	8:12
134	2835	Beth Seuferer	33	F	West Des Moines	IA	1:47:31	1:47:25	8:12
135	2681	Heather Woody	29	F	Cedar Falls	IA	1:47:55	1:47:31	8:13
136	3028	Ruth Regehr	37	F	Clarinda	IA	1:47:59	1:47:36	8:13
137	3437	Jessica Johnson	20	F	Webster City	IA	1:47:47	1:47:36	8:13
138	3201	Joe Costello	54	M	Springfield	MO	1:47:53	1:47:37	8:13
139	2683	Terrie Price	35	F	Spencer	IA	1:48:04	1:47:37	8:13
140	2696	Bill Kroeschell	43	M	Oak Park	IL	1:48:28	1:47:39	8:13
141	3100	Greg Alberts	40	M	Windsor Heights	IA	1:48:02	1:47:41	8:14
142	2797	Kristin Pavlovich	19	F	Charles City	IA	1:48:26	1:47:47	8:14
143	3299	Joanie Dergan	42	F	Omaha	NE	1:48:01	1:47:48	8:14
144	3141	Shannon McLaughlin	22	F	Cedar Falls	IA	1:48:04	1:47:50	8:14
145	3160	Todd Swanson	42	M	Pella	IA	1:48:22	1:47:52	8:14

146	3266	Kathi Dellaca	50	F	Des Moines	IA	1:48:05	1:47:59	8:15
147	3406	Patrick Smith	36	M	Des Moines	IA	1:48:46	1:48:05	8:16
148	3249	Jeffrey Anderson	42	M	Boone	IA	1:48:30	1:48:10	8:16
149	3227	Amber Stapleton	27	F	Des Moines	IA	1:48:36	1:48:17	8:16
150	3298	Jodi Reinke	31	F	Ankeny	IA	1:48:32	1:48:24	8:17
151	3448	John Doherty	50	M	Urbandale	IA	1:48:31	1:48:24	8:17
152	3385	Bob Wenger	51	M	Topeka	KS	1:48:43	1:48:30	8:17
153	3479	Beth Kruckenberg	34	F	Ames	IA	1:48:37	1:48:32	8:18
154	3486	Dee Mable	38	F	Urbandale	IA	1:48:37	1:48:32	8:18
155	3339	Lisa Broderick	38	F	Baxter	IA	1:48:52	1:48:43	8:18
156	3430	Sean Wright	25	M	W. Dsm	IA	1:48:56	1:48:46	8:19
157	2796	Molly Moreland	38	F	Iowa City	IA	1:48:53	1:48:51	8:19
158	3072	Thomas Simpson	22	M	St. Charles	MO	1:49:12	1:48:51	8:19
159	3445	Joel Veenstra	35	M	Des Moines	IA	1:49:24	1:48:53	8:19
160	3074	Julie Alexander	38	F	Des Moines	IA	1:49:49	1:48:59	8:20
161	3250	Jan Mohs	51	F	Clive	IA	1:49:08	1:49:03	8:20
162	3426	Marcus Dunn	40	M	Clive	IA	1:49:35	1:49:05	8:20
163	3277	John Hemmingner	49	M	Des Moines	IA	1:49:16	1:49:07	8:20
164	3251	Matthew Hart	43	M	Ankeny	IA	1:49:24	1:49:17	8:21
165	3219	Donald White	33	M	Sibley	IA	1:49:43	1:49:23	8:21
166	3158	Gabrielle Bjornson	42	F	Overland Park	KS	1:49:35	1:49:24	8:22
167	3125	Craig Foss	53	M	Fairfield	IA	1:49:46	1:49:25	8:22
168	3204	Russell Wyganowski	26	M	Blaine	MN	1:49:40	1:49:28	8:22
169	3205	Renaye Wyganowski	26	F	Blaine	MN	1:49:40	1:49:28	8:22
170	2716	Randy Mundt	48	M	Urbandale	IA	1:49:48	1:49:29	8:22

171	3218	Nathan Benn	23	M	Des Moines	IA	1:50:09	1:49:29	8:22
172	3041	Loren Schnittgrund	58	M	Omaha	NE	1:49:38	1:49:32	8:22
173	3312	Christine Webber	19	F	Madison	WI	1:49:42	1:49:36	8:22
174	3389	Linda Rowe	51	F	Bloomfield	IA	1:49:54	1:49:37	8:22
175	3501	Kristin Rinderknecht	33	F	Clive	IA	1:49:54	1:49:42	8:23
176	2701	Jill Reeves	25	F	Faribault	MN	1:49:50	1:49:44	8:23
177	2521	Monique Dulaney	32	F	Carroll	IA	1:49:54	1:49:45	8:23
178	3162	Steve Bomgaars	50	M	Spencer	IA	1:49:49	1:49:45	8:23
179	3427	Jill Spomer	20	F	Ankeny	IA	1:50:02	1:49:59	8:24
180	3145	Joyce Christianson	38	F	Baxter	IA	1:50:19	1:50:10	8:25
181	3434	Sonya Heitshusen	36	F	Des Moines	IA	1:50:33	1:50:19	8:26
182	3346	Richard Mockobee	35	M	Norwalk	IA	1:50:36	1:50:22	8:26
183	3217	Dave Coppinger	66	M	Waukee	IA	1:50:35	1:50:22	8:26
184	3189	Lindzy Bjork	27	F	St. Louis Park	MN	1:51:14	1:50:30	8:27
185	3350	David Hardisty	31	M	Des Moines	IA	1:51:05	1:50:48	8:28
186	3442	Brian Niblo	19	M	West Des Moines	IA	1:50:53	1:50:51	8:28
187	2700	Andrea Bosshamer	28	F	Lincoln	NE	1:51:05	1:50:52	8:28
188	2910	Kelly Christensen	41	F	Topeka	KS	1:51:04	1:50:52	8:28
189	3209	Erica Mejia	33	F	Kansas City	MO	1:51:04	1:50:52	8:28
190	2935	Bob Saunders	43	M	Ida Grove	IA	1:50:59	1:50:53	8:28
191	3417	Ron Cardey	43	M	Omaha	NE	1:50:59	1:50:53	8:28
192	234	David Bush	48	M	Kansas City	MO	1:50:53	1:50:53	8:28

193	2784	John Cook	57	M	Williamstown	MA	1:51:10	1:50:56	8:29
194	3410	Blake Barnes	49	M	Mason City	IA	1:51:11	1:50:58	8:29
195	3284	Wayne Ellis	45	M	Clive	IA	1:51:32	1:51:01	8:29
196	3494	Bret Dillon	29	M	Des Moines	IA	1:51:13	1:51:06	8:29
197	2981	Caitlin Davis	20	F	Elm Grove	WI	1:51:55	1:51:07	8:29
198	72	Blaine Barnhill	50	M	Omaha	NE	1:51:09	1:51:09	8:30
199	2982	Linda Davis	52	F	Elm Grove	WI	1:51:56	1:51:09	8:30
200	3208	Carol Stephens	43	F	Beatrice	NE	1:51:17	1:51:09	8:30
201	2822	Paul Lofquist	37	M	West Point	NE	1:51:33	1:51:16	8:30
202	3267	Todd Kurtz	32	M	Olathe	KS	1:51:29	1:51:17	8:30
203	3428	Carrie Van Quathem	31	F	Urbandale	IA	1:51:45	1:51:18	8:30
204	3401	Tracy Lewis	43	M	Des Moines	IA	1:51:26	1:51:20	8:30
205	2733	Norm Behrens	51	M	Wall Lake	IA	1:51:50	1:51:20	8:30
206	2933	Tracey Schmidt	39	F	Battle Creek	IA	1:51:35	1:51:29	8:31
207	2824	Justin White	30	M	Overland Park	KS	1:51:52	1:51:36	8:32
208	3104	Morgan Brubaker	19	F	Ames	IA	1:51:53	1:51:50	8:33
209	3458	Steve Gassmann	50	M	Indianola	IA	1:52:11	1:51:55	8:33
210	3243	Bruce Skerik	49	M	Gilbertville	IA	1:52:33	1:51:58	8:33
211	3481	Steve Shifflett	45	M	Ames	IA	1:52:37	1:52:00	8:33
212	2927	Nikki Mosier	20	F	Lincoln	NE	1:52:19	1:52:03	8:34
213	2904	Lisa Lensing	40	F	Pella	IA	1:52:31	1:52:04	8:34
214	2770	Julie Aldridge	24	F	West Des Moines	IA	1:52:29	1:52:05	8:34
215	3485	Margie Cahill	52	F	Nevada	IA	1:52:39	1:52:05	8:34
216	3123	Chris Sabus	35	M	Urbandale	IA	1:52:18	1:52:08	8:34
217	2826	Daniel Sailsbury	29	M	Woodbury	MN	1:52:35	1:52:09	8:34
218	3135	Bill Olson	38	M	Urbandale	IA	1:52:24	1:52:13	8:34

219	3111	Scott Orvis	46	M	Clive	IA	1:52:24	1:52:15	8:35
220	3325	Jill Zubrod	22	F	Cedar Falls	IA	1:52:25	1:52:16	8:35
221	3011	Christina German	23	F	Dallas Center	IA	1:52:43	1:52:22	8:35
222	3407	Jeff Trimble	43	M	Des Moines	IA	1:52:41	1:52:23	8:35
223	3425	Martin Ryan	52	M	Waterloo	IA	1:52:55	1:52:27	8:36
224	2736	Sara Struckman	26	F	Des Moines	IA	1:52:45	1:52:38	8:36
225	3297	Kristy Cain	44	F	Urbandale	IA	1:52:48	1:52:38	8:36
226	3391	Jennifer Perkins	30	F	West Des Moines	IA	1:52:59	1:52:43	8:37
227	2975	Scott Combs	50	M	Aurora	IL	1:52:54	1:52:43	8:37
228	3399	Heather Miller	27	F	Urbandale	IA	1:52:59	1:52:43	8:37
229	3393	Shannon Strickler	25	F	Windsor Heights	ID	1:52:54	1:52:43	8:37
230	3153	Christine Moen	44	F	West Des Moines	IA	1:53:11	1:53:05	8:38
231	3396	Sun Hong	35	M	Glenview	IL	1:53:47	1:53:11	8:39
232	3180	Jim Smith	51	M	Winterset	IA	1:53:30	1:53:12	8:39
233	2680	Kimberly Haines	45	F	Oskaloosa	IA	1:53:21	1:53:15	8:39
234	3440	James Holloway	34	M	West Des Moines	IA	1:53:41	1:53:25	8:40
235	3045	Joseph Bantz	37	M	West Des Moines	IA	1:54:03	1:53:27	8:40
236	3478	Laurie Myklestad	34	F	Des Moines	IA	1:53:51	1:53:33	8:41
237	3474	Kent Pollpeter	36	M	Des Moines	IA	1:53:52	1:53:34	8:41
238	2618	D. Peterson	46	F	Grimes	IA	1:54:06	1:53:50	8:42
239	2834	Marj Ahrenholtz	49	F	Urbandale	IA	1:54:25	1:53:56	8:42
240	2788	Steven Jacobs	46	M	Atlantic	IA	1:54:25	1:53:56	8:42
241	2851	Dawn Caffrey	18	F	Ankeny	IA	1:54:11	1:53:57	8:42
242	3508	Lindsay Mccracken	21	F	Cedar Falls	IA	1:54:11	1:53:58	8:42

243	3446	Tomm Pfitzenmaier	51	M	Adel	IA	1:54:21	1:53:58	8:42
244	3022	Rachael Peyton-Cushing	19	F	Nevada	MO	1:54:23	1:53:59	8:42
245	2745	Jessica Fink	21	F	Denison	IA	1:54:17	1:54:11	8:43
246	2978	Debbie Lenth	36	F	Marion	IA	1:54:29	1:54:24	8:44
247	3419	Erik Niggemeyer	26	M	Iowa City	IA	1:55:11	1:54:28	8:45
248	3484	Michael Shanks	24	M	Des Moines	IA	1:55:11	1:54:28	8:45
249	3340	Thomas Duff	40	M	Des Moines	IA	1:54:46	1:54:29	8:45
250	2506	Dave Kester	39	M	Urbandale	IA	1:54:57	1:54:33	8:45
251	3083	Jared Kline	26	M	Des Moines	IA	1:54:56	1:54:39	8:46
252	3081	Joy Vermillion	28	F	Des Moines	IA	1:54:56	1:54:39	8:46
253	2956	Tom Bang	41	M	Lincoln	NE	1:54:56	1:54:42	8:46
254	3067	Michele Sieren	35	F	Washington	IA	1:54:48	1:54:44	8:46
255	3343	Heather Stilborn	40	F	Clive	IA	1:54:57	1:54:50	8:46
256	3465	Alan Wood	33	M	Norwalk	IA	1:55:38	1:54:54	8:47
257	3020	Colleen Kelly	27	F	Des Moines	IA	1:55:23	1:54:56	8:47
258	3349	William McClave	47	M	Overland Park	KS	1:55:31	1:54:56	8:47
259	3452	Mark Morgan	41	M	Indianola	IA	1:55:08	1:55:00	8:47
260	3202	Timothy Krava	54	M	Farmington	MI	1:55:17	1:55:02	8:47
261	2673	Rodger Main	34	M	Ames	IA	1:55:28	1:55:06	8:48
262	2794	Autumn Witmer	25	F	West Des Moines	IA	1:55:26	1:55:07	8:48
263	2724	Steve Mc Cann	48	M	Pella	IA	1:55:31	1:55:09	8:48
264	2769	Karen Rolwes	20	F	Farley	IA	1:55:33	1:55:15	8:48
265	3238	Sean Taylor	36	M	Ames	IA	1:55:42	1:55:15	8:48
266	2734	Matt Blythe	32	M	Monroe	WI	1:55:50	1:55:16	8:48
267	2568	Jon Lorenzino	40	M	Springfield	MO	1:55:19	1:55:17	8:49
268	2869	Roger Davis	55	M	Overland	KS	1:55:52	1:55:24	8:49

Park

269	2540	Polly Wolterman	32	F	Newell	IA	1:55:46	1:55:28	8:49
270	3436	Ellen Middleswart	38	F	Urbandale	IA	1:55:43	1:55:36	8:50
271	2748	Lauren Fallis	22	F	Harper	KS	1:56:03	1:55:39	8:50
272	3049	Cecilia Benitez	28	F	Cumming	GA	1:56:23	1:55:42	8:50
273	3048	Marcos Casiraghi	29	M	Cumming	GA	1:56:23	1:55:42	8:50
274	2902	Kyle Byers	17	M	Overland Park	KS	1:56:15	1:55:46	8:51
275	3090	Kevin Baumgartner	30	M	Iowa City	IA	1:56:37	1:55:46	8:51
276	3253	Mitch Hambleton	43	M	Dallas Center	IA	1:55:55	1:55:48	8:51
277	3024	Kurtis Boerm	37	M	Traer	IA	1:56:16	1:56:02	8:52
278	3025	Judy Boerm	37	F	Traer	IA	1:56:16	1:56:02	8:52
279	2807	Mark Prentice	42	M	Solon	IA	1:56:27	1:56:07	8:52
280	3167	Brent McClure	32	M	Des Moines	IA	1:56:44	1:56:09	8:52
281	3241	Mona Kurtz	39	F	Overland Park	KS	1:56:29	1:56:18	8:53
282	3130	Lynn Veldhouse	23	F	Sioux Falls	SD	1:57:04	1:56:36	8:55
283	3118	Erin Temple	22	F	Chicago	IL	1:57:04	1:56:36	8:55
284	3006	Samuel Richeson	24	M	West Des Moines	IA	1:57:03	1:56:42	8:55
285	2698	Tave Potto	37	F	West Des Moines	IA	1:56:46	1:56:44	8:55
286	3294	Jerry Schaver	45	M	Albany	IL	1:56:51	1:56:44	8:55
287	3482	Kevin Huegel	43	M	Cedar Falls	IA	1:57:39	1:56:48	8:55
288	3069	Amy Johnson	27	F	Overland Park	KS	1:57:05	1:56:54	8:56
289	2999	Greta Martin	20	F	Iowa City	IA	1:57:44	1:56:58	8:56
290	3120	Glen Ogilia	51	M	Des Moines	IA	1:57:24	1:57:01	8:56

291	2952	Christa Hoppman	29	F	Marshalltown	IA	1:57:20	1:57:02	8:56
292	3450	Geoffrey Christy	33	M	Urbandale	IA	1:57:07	1:57:02	8:56
293	3183	John Hurley	36	M	Omaha	NE	1:57:35	1:57:02	8:57
294	2667	Ellen Moore	33	F	Clive	IA	1:57:17	1:57:04	8:57
295	2730	Anne Heimann	27	F	Lincoln	NE	1:57:15	1:57:06	8:57
296	2584	Chris Mitchell	48	M	Ankeny	IA	1:57:22	1:57:08	8:57
297	3322	Laurie Galles	40	F	Clive	IA	1:57:13	1:57:11	8:57
298	2629	Dave Wacker	50	M	Coralville	IA	1:57:25	1:57:13	8:57
299	3365	Kristin Sorensen	23	F	West Des Moines	IA	1:57:59	1:57:18	8:58
300	2585	Jennifer Eyberg	21	F	Iowa City	IA	1:57:39	1:57:19	8:58
301	2830	Lori Mcquiston	40	F	Maxwell	IA	1:57:30	1:57:21	8:58
302	3422	Karen Dassinger	39	F	West Des Moines	IA	1:57:39	1:57:28	8:59
303	2559	Michael Reams	57	M	West Des Moines	IA	1:57:35	1:57:29	8:59
304	2967	Joey Eisenmann	33	M	Ames	IA	1:57:43	1:57:31	8:59
305	3423	James Appleby	33	M	Des Moines	IA	1:57:56	1:57:31	8:59
306	2740	Jill Smith	33	F	West Des Moines	IA	1:57:52	1:57:35	8:59
307	2524	Maria Sarcone	25	F	Des Moines	IA	1:57:42	1:57:39	8:59
308	2539	Brent Cooper	49	M	Urbandale	IA	1:57:57	1:57:45	9:00
309	3140	Caroline Dieken	27	F	Cedar Falls	IA	1:57:59	1:57:49	9:00
310	3156	Vincent Vanderneck	38	M	West Des Moines	IA	1:58:15	1:57:51	9:00
311	3137	Chris Roberts	33	M	Iowa City	IA	1:58:15	1:57:59	9:01
312	3138	Steve Feldmann	35	M	Iowa City	IA	1:58:14	1:58:00	9:01
313	3449	Melinda Hill	28	F	Des Moines	IA	1:58:39	1:58:01	9:01
314	3279	Bill Wedeking	49	M	Des Moines	IA	1:58:15	1:58:03	9:01
315	2707	Kelly Benda	22	F	North Liberty	IA	1:58:13	1:58:05	9:01

316	2867	Mike Martin	38	M	Grimes	IA	1:58:17	1:58:09	9:02
317	2742	Kevin Smith	29	M	Ankeny	IA	1:58:33	1:58:09	9:02
318	3352	Susan Johnson	33	F	Ankeny	IA	1:58:21	1:58:12	9:02
319	2644	Steven Hendren	48	M	Indianola	IA	1:58:58	1:58:17	9:02
320	2925	Kristin Gitch	34	F	Olathe	KS	1:58:59	1:58:19	9:02
321	2621	Sybil Sullivan	25	F	Collinsville	IL	1:58:29	1:58:20	9:02
322	3392	Linda Koele	45	F	Urbandale	IA	1:58:50	1:58:22	9:03
323	3109	Michael Andersen	22	M	Grinnell	IA	1:59:23	1:58:26	9:03
324	2857	Emily Kimes-Schwiesow	27	F	Des Moines	IA	1:58:44	1:58:29	9:03
325	3469	Beth Morton	39	F	West Des Moines	IA	1:59:12	1:58:30	9:03
326	3275	Kathy Macbeth	44	F	West Des Moines	IA	1:59:14	1:58:31	9:03
327	2634	Patricia Kenel	43	F	Cedar Rapids	IA	1:58:41	1:58:32	9:03
328	3126	Leah Churchman	33	F	Ankeny	IA	1:58:42	1:58:33	9:03
329	3363	Gerald Graves	54	M	Van Meter	IA	1:59:08	1:58:34	9:04
330	2779	Danny Pauley	41	M	Coon Rapids	IA	1:58:44	1:58:40	9:04
331	2746	Cindy Kelley	36	F	Lincoln	NE	1:59:16	1:58:45	9:04
332	3344	Terry Sacre	52	M	Cedar Falls	IA	1:59:21	1:58:47	9:04
333	2534	Kim Smith	52	M	Ames	IA	1:59:33	1:58:47	9:05
334	3379	Alica Helmink	52	F	Lincoln	NE	1:58:55	1:58:47	9:05
335	3382	Marie Zach	22	F	Cedar Rapids	IA	1:59:08	1:58:56	9:05
336	3383	Chris Fry	24	M	Iowa City	IA	1:59:08	1:58:56	9:05
337	3405	Sue Smith	34	F	Des Moines	IA	1:59:38	1:58:57	9:05
338	3264	Robert Burnett	32	M	Des Moines	IA	1:59:12	1:58:58	9:05
339	2984	Barbara Shelly	47	F	Kansas City	MO	1:59:17	1:59:05	9:06
340	2880	Denae Rinderknecht	26	F	Urbandale	IA	1:59:12	1:59:07	9:06
341	2605	Lawrence Conant	57	M	Big Rock	IL	1:59:27	1:59:11	9:06

342	2906	Brandee Jenkins	27	F	Des Moines	IA	1:59:43	1:59:22	9:07
343	2923	Abigail Schwepker	20	F	Kirksville	MO	1:59:44	1:59:24	9:07
344	2814	Sara Goers	21	F	Des Moines	IA	2:00:10	1:59:30	9:08
345	3374	Jeff Jennings	40	M	Clive	IA	2:00:20	1:59:35	9:08
346	3203	Jeffrey Olson	32	M	Ankeny	IA	1:59:42	1:59:37	9:08
347	2623	Ira Gardner	44	M	Jamaica	NY	2:00:10	1:59:43	9:09
348	2655	Lori Terlouw	39	F	Bentonville	AR	1:59:48	1:59:44	9:09
349	3128	Karen Atkinson	28	F	Lamoni	IA	2:00:33	1:59:51	9:09
350	3326	Gary Kraber	42	M	Prole	IA	2:00:42	1:59:57	9:10
351	2895	Jill Heston	35	F	Ankeny	IA	2:00:27	1:59:58	9:10
352	3235	Jaelyn Reinhard	19	F	Cedar Falls	IA	2:00:23	1:59:58	9:10
353	3265	Julia Batten	47	F	Carlisle	IA	2:00:12	1:59:58	9:10
354	2896	Justin Sullivan	28	M	Adel	IA	2:00:09	2:00:01	9:10
355	3471	Brent Hauser	31	M	State Center	IA	2:00:52	2:00:03	9:10
356	3330	Jayne Sykora	25	F	Des Moines	IA	2:00:12	2:00:04	9:10
357	2761	Scott Slater	42	M	Ankeny	IA	2:00:31	2:00:21	9:12
358	2710	Kim Coppey	47	F	Coralville	IA	2:00:32	2:00:25	9:12
359	2901	Chad Gatlin	33	M	Unionville	MO	2:01:21	2:00:30	9:12
360	2959	Leonard Hoots	49	M	Altoona	IA	2:00:39	2:00:33	9:13
361	2627	Emily Abbas	28	F	Des Moines	IA	2:00:53	2:00:35	9:13
362	2628	Cory Abbas	30	M	Des Moines	IA	2:00:53	2:00:35	9:13
363	3487	Sara Patkin	32	F	Ankeny	IA	2:00:49	2:00:39	9:13
364	2630	Kate Wacker	51	F	Coralville	IA	2:00:54	2:00:42	9:13
365	2861	Michelle Van Bruggen	27	F	West Des Moines	IA	2:01:02	2:00:43	9:13
366	2873	Robert Kalb	27	M	Urbandale	IA	2:01:02	2:00:44	9:13
367	3030	Jeff Bauer	26	M	Chariton	IA	2:01:18	2:00:44	9:13
368	3017	Jim Coenen	48	M	Arnolds Park	IA	2:01:11	2:00:50	9:14
369	3296	Erik Skovgard	32	M	Reinbeck	IA	2:01:49	2:00:59	9:15

370	2598	Kim Kelly	33	F	N. Liberty	IA	2:01:32	2:01:02	9:15
371	3369	Laura Ludwig	31	F	Des Moines	IA	2:01:29	2:01:02	9:15
372	3314	Nicole Kelly	28	F	Ankeny	IA	2:01:15	2:01:05	9:15
373	2636	Jeff Banning	27	M	Des Moines	IA	2:01:22	2:01:13	9:16
374	2697	David Van Haften	37	M	Pella	IA	2:01:23	2:01:14	9:16
375	3194	Karen Mcfadden	27	F	Des Moines	IA	2:01:32	2:01:15	9:16
376	2931	Susanne Reed	32	F	Blue Springs	MO	2:01:37	2:01:21	9:16
377	3467	Mark Weinhardt	43	M	Des Moines	IA	2:01:56	2:01:35	9:17
378	3078	Ken Taylor	37	M	Champaign	IL	2:01:57	2:01:37	9:18
379	2874	Sarah Zinn- Burggraaf	25	F	Johnston	IA	2:02:14	2:01:53	9:19
380	2960	Timothy Sullivan	49	M	Harlan	IA	2:02:40	2:02:00	9:19
381	2968	Stephanie Wilson	23	F	West Des Moines	IA	2:02:25	2:02:01	9:19
382	2522	Denise Neumann	47	F	Ankeny	IA	2:02:23	2:02:13	9:20
383	3318	Laura Feldman	26	F	Indianola	IA	2:02:50	2:02:13	9:20
384	3087	Kimberly Kramer	35	F	Wdsm	IA	2:02:15	2:02:14	9:20
385	2714	Matthew Schizas	32	M	Lincoln	NE	2:03:02	2:02:23	9:21
386	3244	John Schultz	42	M	Plymouth	MN	2:02:41	2:02:27	9:21
387	3094	Dawn Winter	27	F	Huxley	IA	2:03:18	2:02:38	9:22
388	3093	Glenn Whitney	60	M	Slater	IA	2:03:18	2:02:39	9:22
389	2510	Jennifer York	34	F	Ames	IA	2:03:35	2:02:50	9:23
390	2704	Mike Pollmann	29	M	Kansas City	MO	2:03:15	2:02:54	9:23
391	3381	Leslie Teeling	45	F	Waukee	IA	2:02:57	2:02:55	9:23
392	2894	Amy Cain	27	F	Council Bluffs	IA	2:03:03	2:02:59	9:24
393	2866	Cindy Blaine	45	F	Gladbrook	IA	2:03:27	2:02:59	9:24

394	2606	Gary Jones	43	M	Cedar Falls	IA	2:03:17	2:03:03	9:24
395	3019	Heather Thill	35	F	Overland Park	KS	2:03:17	2:03:03	9:24
396	3103	Amy Coombs	16	F	Latimer	IA	2:03:43	2:03:07	9:24
397	3101	Jennifer Coombs	21	F	Ames	IA	2:03:43	2:03:08	9:24
398	3246	Simon Wright	33	M	Urbandale	IA	2:06:48	2:03:10	9:25
399	2839	Lynn Egesdal	38	F	Newell	IA	2:03:34	2:03:17	9:25
400	2626	Don Ingram	47	M	Gladstone	MO	2:03:56	2:03:28	9:26
401	3271	Ryan Murphy	23	M	Des Moines	IA	2:03:44	2:03:34	9:26
402	2660	Dianne Petersen	39	F	Omaha	NE	2:03:59	2:03:37	9:27
403	3415	Kelsey Lawler	23	F	Des Moines	IA	2:04:33	2:03:56	9:28
404	2889	Christy Mcquown	19	F	Rapid City	SD	2:04:10	2:03:57	9:28
405	3354	Colleen Dooley	46	F	Urbandale	IA	2:04:19	2:03:59	9:28
406	3328	Mary Gross	51	F	Des Moines	IA	2:04:20	2:03:59	9:28
407	3096	Tara Lynch	23	F	Cedar Rapids	IA	2:04:14	2:04:04	9:29
408	2852	Linsey Hutcheson	21	F	Marshalltown	IA	2:04:16	2:04:05	9:29
409	3216	Sally Larson	40	F	Springfield	MO	2:04:47	2:04:06	9:29
410	3062	Kirsten Sammler	22	F	West Des Moines	IA	2:04:23	2:04:06	9:29
411	2928	Edward Hegner	60	M	Des Moines	IA	2:04:50	2:04:08	9:29
412	3133	Lyle Hanrahan	41	M	Rochester	MN	2:04:30	2:04:13	9:29
413	2882	Joe Sawyer	36	M	Ankeny	IA	2:05:01	2:04:13	9:29
414	2789	Chris Rife	22	M	Des Moines	IA	2:04:40	2:04:14	9:29
415	2812	Cheryl Bennett	44	F	Polo	MO	2:04:59	2:04:23	9:30
416	3099	Lacey Degroot	16	F	Oskaloosa	IA	2:04:57	2:04:25	9:30
417	2850	Mindy Hutcheson	45	F	Marshalltown	IA	2:04:39	2:04:29	9:31
418	2647	Kelly Roecker	22	F	West Des Moines	IA	2:04:49	2:04:41	9:32

419	3066	Tammy Steenhoek	27	F	Prairie City	IA	2:04:54	2:04:43	9:32
420	3220	Brenda Mishler	28	F	Urbandale	IA	2:05:15	2:04:44	9:32
421	2926	Matthew Weis	23	M	Dunlap	IA	2:05:26	2:04:45	9:32
422	2778	Lowell Byers	48	M	Overland Park	KS	2:05:16	2:04:45	9:32
423	2777	Sophia Byers	34	F	Overland Park	KS	2:05:16	2:04:46	9:32
424	2718	Aminta Guillen	24	F	Olathe	KS	2:05:04	2:04:54	9:33
425	3373	Erik Wigger	37	M	Liberty	MO	2:05:29	2:05:01	9:33
426	3280	Steve Nadel	36	M	Clive	IA	2:05:16	2:05:02	9:33
427	2916	Jeanne Janchar	37	F	Kansas City	MO	2:05:36	2:05:03	9:33
428	2980	Nichole Steenstra	33	F	Liberty	MO	2:05:36	2:05:03	9:33
429	3441	Dr. Linda Thompson	48	F	Huxley	IA	2:05:41	2:05:05	9:33
430	3185	Mark Nevenhoven	36	M	West Des Moines	IA	2:05:31	2:05:07	9:34
431	2792	Jenni Maschka	36	F	Mason City	IA	2:05:43	2:05:20	9:34
432	3300	Chelsy Kemmet	17	F	Adel	IA	2:06:07	2:05:27	9:35
433	3301	Shamrae Kemmet	44	F	Adel	IA	2:06:07	2:05:28	9:35
434	3439	Kadin White	24	M	Osceola	IA	2:05:53	2:05:34	9:36
435	3122	Shelly Lynch	34	F	Ames	IA	2:05:53	2:05:34	9:36
436	2767	Ed Timm	41	M	Mount Vernon	IA	2:06:24	2:05:41	9:36
437	2768	Stephanie Timm	37	F	Mount Vernon	IA	2:06:25	2:05:41	9:36
438	2656	Lillian O'Neill	42	F	Lincoln	NE	2:06:01	2:05:48	9:37
439	3097	Joseph Peterson	25	M	West Des Moines	IA	2:06:01	2:05:49	9:37
440	2934	Kendra Saunders	40	F	Ida Grove	IA	2:05:56	2:05:50	9:37
441	2929	Tamara Lipinski	30	F	New Hartford	IA	2:06:05	2:05:55	9:37

442	3358	Carrie Vorbrich	38	F	Des Moines	IA	2:06:27	2:05:55	9:37
443	2922	Tracy Caffrey	26	F	Savage	MN	2:06:40	2:05:56	9:37
444	2780	Megan Kading	27	F	Stuart	IA	2:06:40	2:05:56	9:37
445	3018	Mary Beuter-Gaffey	38	F	Dike	IA	2:06:40	2:06:00	9:38
446	3060	Jeff Engel	40	M	Cedar Falls	IA	2:06:52	2:06:01	9:38
447	3177	Lisa Miller	32	F	Kansas City	MO	2:06:29	2:06:13	9:39
448	2995	Amber Cansler	20	F	Kansas City	MO	2:06:44	2:06:15	9:39
449	3089	Becky Cox	28	F	Des Moines	IA	2:06:42	2:06:15	9:39
450	3457	Adele Zieser	44	F	West Des Moines	IA	2:06:38	2:06:16	9:39
451	3002	Betty Berends	37	F	Altoona	IA	2:06:29	2:06:19	9:39
452	2682	Beth Snow-Ketchum	46	F	Spencer	IA	2:06:51	2:06:19	9:39
453	3447	Angie Heim	28	F	West Des Moines	IA	2:06:58	2:06:20	9:39
454	2986	Bill Buchanan	68	M	Irving	TX	2:06:38	2:06:28	9:40
455	3366	Debi Lovegren	48	F	Cedar Falls	IA	2:07:07	2:06:32	9:40
456	3335	Anne Garrison	32	F	Des Moines	IA	2:07:21	2:06:39	9:41
457	3098	Lana Degroot	42	F	Osakaloosa	IA	2:07:11	2:06:39	9:41
458	2961	Stacy Speltz	25	F	Kansas City	KS	2:06:54	2:06:40	9:41
459	3420	Emily Hora	22	F	W Des Moines	IA	2:06:57	2:06:46	9:41
460	2663	Sarah Jacobs	24	F	Mount Pleasant	IA	2:07:12	2:06:52	9:42
461	3063	Kevin Morris	45	M	Des Moines	IA	2:07:39	2:06:55	9:42
462	2997	Meghann Flynn	24	F	Minneapolis	MN	2:07:20	2:06:56	9:42
463	2790	Jayme Paul	32	F	Kansas City	MO	2:07:39	2:07:08	9:43
464	3061	Todd Bentzen	33	M	Des Moines	IA	2:07:09	2:07:08	9:43
465	2776	Pam Marah	39	F	Liberty	MO	2:07:40	2:07:09	9:43
466	3146	Kathleen Braun	38	F	Oregon	WI	2:07:34	2:07:09	9:43
467	2939	Jennifer Cole	30	F	Des Moines	IA	2:07:43	2:07:16	9:43

468	3038	Linda Breen	62	F	Lincoln	NE	2:07:48	2:07:22	9:44
469	3222	Holly Sova	34	F	Chicago	IL	2:07:42	2:07:32	9:45
470	2648	Garrett Coleman	32	M	Papillion	NE	2:08:22	2:07:35	9:45
471	2937	Barbara Gerlach	38	F	Nevada	IA	2:07:59	2:07:47	9:46
472	3338	Christine Thompson	31	F	Littleton	CO	2:08:40	2:07:54	9:46
473	3178	Heather Behrends	35	F	West Des Moines	IA	2:08:28	2:07:57	9:46
474	3226	Leann Beran	31	F	Des Moines	IA	2:08:22	2:08:09	9:47
475	3184	Tracey Chambers	26	F	Omaha	NE	2:08:43	2:08:11	9:48
476	2711	Mark Pollmann	33	M	Ames	IA	2:08:37	2:08:17	9:48
477	2859	Daniel Skelton	55	M	Sioux Rapids	IA	2:08:59	2:08:22	9:48
478	2646	Laurie Baker	30	F	West Des Moines	IA	2:13:48	2:08:28	9:49
479	2868	Elizabeth McLeod	43	F	Overland Park	KS	2:09:10	2:08:42	9:50
480	3102	Kelly Houge	20	F	Ames	IA	2:09:17	2:08:42	9:50
481	2932	Kim Moehle	32	F	Greenwood	MO	2:09:19	2:09:02	9:51
482	2600	Jodyie Lanser	34	F	Pella	IA	2:09:42	2:09:03	9:52
483	2601	Holly Van Kooten	20	F	Pella	IA	2:09:42	2:09:04	9:52
484	3504	Andrew Hall	38	M	Des Moines	IA	2:09:22	2:09:08	9:52
485	2650	Terri Vosmek	42	F	Cedar Rapids	IA	2:09:15	2:09:08	9:52
486	3503	Julie Hall	37	F	Des Moines	IA	2:09:21	2:09:08	9:52
487	3274	Jason Burns	27	M	Monroe	IA	2:09:34	2:09:11	9:52
488	2572	Gary Scherer	31	M	West Des Moines	IA	2:09:33	2:09:16	9:52
489	3403	Kerry Seaton	34	F	Lincoln	NE	2:09:32	2:09:23	9:53
490	2741	Anne Wiederstein	29	F	Urbandale	IA	2:09:48	2:09:25	9:53
491	3307	Lilian Buch	32	F	Ankeny	IA	2:09:48	2:09:28	9:53

492	3159	Susan Aspengren	36	F	Urbandale	IA	2:10:02	2:09:29	9:54
493	3148	Nicole Slater	23	F	Clive	IA	2:09:45	2:09:33	9:54
494	3462	David Kozlowski	44	M	West Des Moines	IA	2:10:18	2:09:35	9:54
495	3324	Robin Steinkamp	36	F	Des Moines	IA	2:10:13	2:09:37	9:54
496	3021	Jill Monson	34	F	Ankeny	IA	2:10:13	2:09:37	9:54
497	2865	Kathy Johnson	41	F	Nevada	IA	2:10:07	2:09:39	9:54
498	3256	Elaine Lindaman	49	F	Carlisle	IA	2:10:15	2:09:40	9:54
499	3438	Dotty Johnson	33	F	Des Moines	IA	2:09:48	2:09:41	9:54
500	2818	Cynnamon Brown	27	F	West Des Moines	IA	2:10:33	2:09:43	9:55
501	3477	Kim Higgins	34	F	Denver	CO	2:09:57	2:09:52	9:55
502	3497	Shelley Hollwager	36	F	Des Moines	IA	2:09:57	2:09:53	9:55
503	2877	Joe Robinson	52	M	Kansas City	MO	2:10:18	2:10:03	9:56
504	2860	Kelly Benit	26	F	Coralville	IA	2:10:22	2:10:06	9:56
505	2908	Vicki Bentley- Condit	45	F	Grinnell	IA	2:10:38	2:10:07	9:56
506	3147	Ellen Jantzen	35	F	Lincoln	NE	2:10:16	2:10:07	9:56
507	2875	Renee Benson	36	F	Lincoln	NE	2:10:16	2:10:08	9:56
508	3286	Ann Craig	25	F	Cedar Rapids	IA	2:10:52	2:10:08	9:57
509	2919	Susan Mitmesser	30	F	Lincoln	NE	2:10:17	2:10:09	9:57
510	2774	Karen Bertram	46	F	Kansas City	MO	2:10:42	2:10:12	9:57
511	2641	Brian Reynolds	57	M	Lisbon	IA	2:11:33	2:10:46	9:59
512	3319	Rebecca Meis	26	F	West Des Moines	IA	2:10:53	2:10:47	9:59
513	2954	Kerry McGannon	35	F	Iowa City	IA	2:11:23	2:10:55	10:00
514	3390	Thomas Forbes	52	M	Fort Dodge	IA	2:11:13	2:11:00	10:00
515	2791	Janae Juhlin	33	F	Mason City	IA	2:11:26	2:11:04	10:01

516	3432	Robin Anderson	45	F	Mason City	IA	2:11:26	2:11:04	10:01
517	3409	Catherine Isaak	48	F	Mason City	IA	2:11:26	2:11:05	10:01
518	3139	Ann Meyer	33	F	Mason City	IA	2:11:26	2:11:14	10:02
519	3086	Angela Christensen	23	F	Marshalltown	IA	2:11:58	2:11:34	10:03
520	3413	Conni Crees	36	F	Desmoines	IA	2:12:17	2:11:36	10:03
521	3424	Anne Blobaum	37	F	Des Moines	IA	2:12:18	2:11:36	10:03
522	3327	Tiffany Reese	36	F	West Des Moines	IA	2:12:18	2:11:36	10:03
523	3070	Paul Simpson	52	M	St. Charles	MO	2:12:01	2:11:38	10:03
524	2543	Pati Berger	31	F	West Des Moines	IA	2:11:48	2:11:43	10:04
525	2671	Jack Nooren	34	M	Cedar Falls	IA	2:12:38	2:11:57	10:05
526	3378	Andrea Carney	38	F	Austin	MN	2:12:29	2:12:07	10:06
527	2815	Jessica Pollock	22	F	West Des Moines	IA	2:12:57	2:12:08	10:06
528	2816	Andrew Pollock	22	M	West Des Moines	IA	2:12:57	2:12:08	10:06
529	3050	Jennifer Seales	47	F	Rhodes	IA	2:12:23	2:12:14	10:06
530	2685	Susan Brands	36	F	Roswell	GA	2:12:42	2:12:16	10:06
531	3431	Madelaine Jerousek	25	F	Des Moines	IA	2:13:09	2:12:32	10:08
532	3311	Johanna Straavaldsen	20	F	Madison	WI	2:12:46	2:12:40	10:08
533	2763	Khong Lovan	23	F	Urbandale	IA	2:13:32	2:12:48	10:09
534	3360	Jonathan Borg	30	M	Ames	IA	2:13:17	2:12:52	10:09
535	3113	Lu Robbins- Fink	48	F	Belmond	IA	2:13:05	2:12:59	10:10
536	2762	Joseph Stamets	26	M	Saint Paul	MN	2:13:39	2:12:59	10:10
537	3004	Kelly Kowzan	33	F	Pella	IA	2:13:38	2:13:02	10:10
538	2974	Patricia Kornelis	39	F	Sioux Center	IA	2:13:43	2:13:18	10:11
539	3228	Julie Heinen	32	F	Ames	IA	2:13:48	2:13:34	10:12

540	3076	Steve Coons	46	M	Olathe	KS	2:13:38	2:13:35	10:12
541	3480	Anne Nieland	35	F	Urbandale	IA	2:13:52	2:13:41	10:13
542	3196	Keith Wieland	27	M	Winthrop	IA	2:13:54	2:13:49	10:13
543	2749	Kristyn Cornish	28	F	Williamsburg	IA	2:14:35	2:13:50	10:13
544	3317	Karen Mulligan	36	F	Overland Park	KS	2:14:26	2:13:55	10:14
545	2948	Becky Robbins	28	F	Clive	IA	2:14:41	2:13:59	10:14
546	2950	Chris Nelson	39	F	Cedar Rapids	IA	2:14:12	2:14:05	10:15
547	2719	Andy Nicoli	28	M	Des Moines	IA	2:14:49	2:14:09	10:15
548	2722	Gina Tagliapietra Nicol	28	F	Des Moines	IA	2:14:49	2:14:10	10:15
549	2884	Wendy Berg	38	F	Lathrop	MO	2:14:23	2:14:12	10:15
550	2862	Laura Quinn	22	F	Iowa City	IA	2:15:00	2:14:16	10:15
551	2717	Katie Schiltz	21	F	Lemars	IA	2:14:30	2:14:23	10:16
552	2519	Angie Martin	26	F	Jolley	IA	2:14:43	2:14:25	10:16
553	2538	Amanda Patterson	23	F	Jolley	IA	2:14:44	2:14:25	10:16
554	2755	Susan Jahnke	53	F	Cedar Rapids	IA	2:15:11	2:14:29	10:16
555	3455	Erin Black	27	F	Grinnell	IA	2:15:03	2:14:38	10:17
556	3412	Drew Gulley	20	M	Des Moines	IA	2:15:13	2:14:48	10:18
557	2689	Blake Mertz	27	M	Raleigh	NC	2:15:31	2:14:58	10:19
558	2766	Beth Mertz	22	F	Ames	IA	2:15:32	2:15:00	10:19
559	2725	Erica Westley	25	F	West Des Moines	IA	2:15:37	2:15:12	10:20
560	2805	Sonja Andrew	22	F	Brainerd	MN	2:15:47	2:15:16	10:20
561	3408	Wilbur Veenstra	65	M	Pella	IA	2:15:59	2:15:27	10:21
562	3186	Michaele Schneider	36	F	Ankeny	IA	2:16:17	2:15:34	10:21
563	3370	Meredith Konz	35	F	Des Moines	IA	2:16:02	2:15:42	10:22
564	2940	Angela Medeiros	38	F	Scottsdale	AZ	2:16:01	2:15:46	10:22

565	3046	Carole Andersen	44	F	Minneapolis	MN	2:16:17	2:15:52	10:23
566	3095	Libbey Wood	30	F	Clear Lake	IA	2:16:36	2:16:00	10:23
567	2808	Stacy Burns	30	F	West Des Moines	IA	2:16:43	2:16:09	10:24
568	2739	Michael Young	29	M	Des Moines	IA	2:16:43	2:16:09	10:24
569	2849	Charlie Johnson	55	M	Brayton	IA	2:16:35	2:16:17	10:25
570	2579	Daniel Clatanoff	47	M	Omaha	NE	2:16:30	2:16:19	10:25
571	2801	Robert Shires	53	M	Des Moines	IA	2:17:08	2:16:26	10:25
572	3197	Ann Ellinger	37	F	West Des Moines	IA	2:17:08	2:16:26	10:25
573	2987	Stacy Huff	30	F	Indianola	IA	2:16:48	2:16:30	10:26
574	2971	Lisa Cowling	25	F	Indianola	IA	2:16:48	2:16:30	10:26
575	2881	Shellie Bolt	40	F	Reinbeck	IA	2:17:25	2:16:36	10:26
576	2872	Tyler Williams	21	M	Madison	WI	2:16:58	2:16:39	10:26
577	2871	Leah Gjertson	20	F	Madison	WI	2:16:58	2:16:39	10:26
578	2775	Charles Bertram	47	M	Kansas City	MO	2:17:17	2:16:48	10:27
579	2992	B. John Burns	47	M	Johnston	IA	2:17:34	2:16:52	10:27
580	3169	Ken Reimer	62	M	Elkader	IA	2:17:40	2:17:02	10:28
581	2887	Melissa Reimer	29	F	Cedar Falls	IA	2:17:40	2:17:03	10:28
582	3211	Kay Mason	49	F	Springfield	MO	2:18:13	2:17:36	10:31
583	3039	Mike Lauzon	46	M	Boone	IA	2:17:53	2:17:36	10:31
584	3402	Chris Russell	34	M	Ames	IA	2:18:26	2:17:49	10:32
585	3375	Sara Bouska	20	F	Des Moines	IA	2:18:18	2:17:50	10:32
586	3182	Heidi Asbjornsen	36	F	Roland	IA	2:18:02	2:17:52	10:32
587	3117	Marc Mckay	31	M	Kansas City	MO	2:18:34	2:18:00	10:33
588	3033	Angela Long	38	F	Council Bluffs	IA	2:18:16	2:18:12	10:33
589	2576	Kathy Millard	46	F	Garner	IA	2:18:55	2:18:14	10:34

590	3082	Traci Jacobi	39	F	Shellsburg	IA	2:18:40	2:18:16	10:34
591	2638	Roy Graham	56	M	Olathe	KS	2:18:37	2:18:22	10:34
592	2941	Simone Siegler	24	F	Des Moines	IA	2:18:46	2:18:31	10:35
593	3058	Stephanie Cox	28	F	Des Moines	IA	2:18:54	2:18:35	10:35
594	2963	Renee' Mclaughlin	45	F	Belmond	IA	2:19:03	2:18:38	10:35
595	3144	Dean Miller	35	M	Des Moines	IA	2:19:23	2:18:40	10:36
596	2945	Paul Kaufmann	37	M	Traer	IA	2:18:59	2:18:40	10:36
597	2702	Terry Collins	60	M	Eldora	IA	2:19:01	2:18:42	10:36
598	3119	Kathryn Simpson	27	F	Kansas City	MO	2:19:04	2:18:43	10:36
599	3255	Jenny Ohlfest	23	F	Ames	IA	2:19:26	2:18:47	10:36
600	3092	Bindy Comito	23	F	Ames	IA	2:19:26	2:18:47	10:36
601	2512	Rosie Branaman	41	F	Boone	IA	2:19:55	2:19:14	10:38
602	2573	John Haley	67	M	Galveston	TX	2:19:27	2:19:16	10:38
603	3225	Matthew Paul	34	M	Des Moines	IA	2:19:30	2:19:17	10:38
604	2705	Mickey Baker	28	M	Bridgewater	NJ	2:20:19	2:19:35	10:40
605	2675	Allison Baker	28	F	Bridgewater	NJ	2:20:20	2:19:36	10:40
606	2659	Michael Johansen	25	M	Des Moines	IA	2:20:20	2:19:36	10:40
607	2658	Amy Johansen	29	F	Des Moines	IA	2:20:19	2:19:37	10:40
608	2942	Daniel Allen	44	M	Omaha	NE	2:19:46	2:19:38	10:40
609	2828	Anna Moyers	22	F	Iowa City	IA	2:20:04	2:19:39	10:40
610	2936	Debra Scorpiniti	35	F	West Des Moines	IA	2:20:21	2:19:41	10:40
611	2827	John Moyers	56	M	Iowa City	IA	2:20:16	2:19:51	10:41
612	2979	Julie Kramer	40	F	Solon	IA	2:20:15	2:19:56	10:41
613	3282	Dee Wittmack	56	F	Des Moines	IA	2:20:15	2:20:06	10:42
614	3085	Vonna Watson	35	F	Traer	IA	2:20:31	2:20:15	10:43
615	2911	Rose Nemchik	48	F	Basehor	KS	2:20:46	2:20:16	10:43
616	2965	Mary Gersema	30	F	Washington	DC	2:20:54	2:20:18	10:43

617	3514	Brett Childress	38	M	Overland Park	KS	2:20:30	2:20:28	10:44
618	2633	Carol Goslin	58	F	Kansas City	MO	2:20:36	2:20:29	10:44
619	3520	Ann Timm	25	F	Cedar Rapids	IA	2:21:04	2:20:36	10:44
620	3161	Cherie Swanson	42	F	Pella	IA	2:21:09	2:20:39	10:45
621	2645	Heidi Billmeier	28	F	Redfield	IA	2:21:01	2:20:54	10:46
622	2637	John Mahan	53	M	Henderson	NV	2:21:43	2:20:55	10:46
623	2694	Mac McClain	57	M	Rogersville	MO	2:21:33	2:20:55	10:46
624	3212	Stella McClain	56	F	Rogersville	MO	2:21:33	2:20:57	10:46
625	3047	Rick Krause	43	M	West Des Moines	IA	2:26:32	2:20:57	10:46
626	3187	Terri Schneweis	51	F	Kansas City	KS	2:21:17	2:21:02	10:46
627	3302	Jo Vanpatten	26	F	Spirit Lake	IA	2:21:30	2:21:03	10:47
628	3491	Sue Trunck	37	F	Reinbeck	IA	2:21:54	2:21:05	10:47
629	2670	Lesley Ehlers	29	F	Shenandoah	IA	2:21:54	2:21:24	10:48
630	3164	Dianne Eagan	41	F	Spencer	IA	2:22:03	2:21:30	10:49
631	2753	Tom Blaine	54	M	Dubuque	IA	2:22:14	2:21:33	10:49
632	2754	Allison Larson	23	F	Des Moines	IA	2:22:14	2:21:33	10:49
633	2599	Tanya Jones	33	F	San Antonio	TX	2:26:53	2:21:33	10:49
634	3483	Cathy Durflinger	24	F	Birmingham	IA	2:22:19	2:21:42	10:49
635	2781	Lori Forsythe	42	F	Pella	IA	2:22:12	2:21:46	10:50
636	2888	Mickey Demarea	55	F	Kansas City	MO	2:22:30	2:22:00	10:51
637	3320	Lora Kester	36	F	Marshalltown	IA	2:22:36	2:22:13	10:52
638	2676	Karen Roy	47	F	Lee's Summit	MO	2:22:35	2:22:19	10:52
639	2798	Regina Henry	65	F	Urbandale	IA	2:22:49	2:22:20	10:52
640	2883	Luanne Dezwarte	50	F	Knoxville	IA	2:22:53	2:22:25	10:53
641	2712	Lisa Woolery	42	F	Kansas City	MO	2:23:06	2:22:55	10:55
642	3064	Michael	33	M	Des Moines	IA	2:23:46	2:23:09	10:56

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643	2803	Kathryn Link	49	F	Omaha	NE	2:24:22	2:23:51	10:59
644	2550	Ida Dominguez	37	F	Johnston	IA	2:25:35	2:24:38	11:03
645	2970	Andrew Jensen	20	M	Ames	IA	2:25:24	2:24:47	11:04
646	2892	Stacy Lang	39	F	Urbandale	IA	2:25:17	2:24:47	11:04
647	2703	Heidi Pollmann	27	F	Kansas City	MO	2:25:18	2:24:48	11:04
648	2863	Kirsten Andrew	26	F	Brainerd	MN	2:25:39	2:25:08	11:05
649	2915	Dan Jaworski	38	M	Maitland	FL	2:30:47	2:25:13	11:06
650	3007	Rick Long	43	M	West Des Moines	IA	2:30:48	2:25:13	11:06
651	3151	Colleen Reagan	52	F	Sherman Oaks	CA	2:25:26	2:25:14	11:06
652	3010	Ginger Zenor	37	F	Cedar Rapids	IA	2:25:24	2:25:17	11:06
653	2876	Leslie Eden	53	F	Kansas City	MO	2:25:38	2:25:20	11:06
654	2709	Julie Jones	32	F	Sully	IA	2:26:16	2:25:30	11:07
655	3454	Deborah Caslavka	28	F	Des Moines	IA	2:26:39	2:25:57	11:09
656	3387	Hope Seegers	25	F	Ankeny	IA	2:26:39	2:25:57	11:09
657	2976	John Winslow	55	M	Kansas City	MO	2:26:29	2:26:03	11:09
658	3210	Lauretta Bauer	41	F	Audubon	IA	2:26:40	2:26:18	11:11
659	2969	Shannon White	21	F	Ames	IA	2:27:01	2:26:24	11:11
660	2897	Tammy Hubbard	45	F	Blues Springs	MO	2:26:47	2:26:30	11:11
661	3042	Joyce Schiermann	58	F	Lincoln	NE	2:27:05	2:26:39	11:12
662	3056	Jennifer Nevshemal	34	F	Altoona	IA	2:27:28	2:26:53	11:13
663	3329	Surendar Madadi	30	M	Urbandale	IA	2:28:01	2:27:23	11:16
664	3005	Kimberly Hembry	27	F	Urbandale	IA	2:28:06	2:27:33	11:16
665	3043	Chris Champion	33	M	Des Moines	IA	2:28:07	2:27:34	11:16

666	2990	Ashley Oswalt	29	F	Pleasant Hill	IA	2:28:06	2:27:34	11:16
667	2879	Sharon Allen	33	F	Omaha	NE	2:27:46	2:27:38	11:17
668	2802	Samantha Link	30	F	Lincoln	NE	2:28:13	2:27:42	11:17
669	2744	Deonna Fritz	37	F	Cedar Falls	IA	2:28:07	2:27:43	11:17
670	3237	Garry Cox	46	M	Schererville	IN	2:28:25	2:27:56	11:18
671	3157	Michelle Weed	29	F	New Market	IA	2:28:32	2:28:08	11:19
672	2918	Kristen Sihler	33	F	Iowa City	IA	2:28:49	2:28:11	11:19
673	3377	David Johnson	38	M	Des Moines	IA	2:28:56	2:28:16	11:20
674	3170	Megan Crowley	31	F	West Des Moines	IA	2:28:52	2:28:17	11:20
675	3498	Travis Moore	26	M	Blairsburg	IA	2:28:50	2:28:17	11:20
676	2964	Kryisia Gornicki	49	F	Kansas City	MO	2:28:51	2:28:22	11:20
677	2533	Thomas Cooney	51	M	Indianola	IA	2:29:12	2:28:26	11:20
678	3461	Jackie Hellrung	38	F	Urbandale	IA	2:29:01	2:28:34	11:21
679	3032	Katie Peterson	26	F	Pella	IA	2:29:17	2:28:47	11:22
680	2613	Hilary Van Vark	26	F	Pella	IA	2:29:17	2:28:47	11:22
681	2855	Carolyn Hathaway	70	F	Indianapolis	IN	2:29:28	2:28:49	11:22
682	2588	Sara Messer	26	F	Cedar Rapids	IA	2:29:32	2:29:00	11:23
683	2858	Karen Skelton	51	F	Sioux Rapids	IA	2:29:33	2:29:00	11:23
684	2589	Jennifer Chittenden	23	F	Anamosa	IA	2:29:33	2:29:02	11:23
685	2706	Sheila Lamm	49	F	New London	IA	2:29:34	2:29:16	11:24
686	2783	Rose Denny	40	F	Johnston	IA	2:29:22	2:29:19	11:24
687	3291	Kristine Burkle	31	F	Altoona	IA	2:30:03	2:29:28	11:25
688	2515	Kris Kingston	33	F	Des Moines	IA	2:30:29	2:29:41	11:26
689	3468	Roger Roe	34	M	West Des Moines	IA	2:29:56	2:29:43	11:26
690	3470	Marie Puskas	30	F	West Des Moines	IA	2:29:56	2:29:43	11:26

691	3278	Karen Joslin	27	F	Ames	IA	2:30:40	2:29:59	11:27
692	2603	Janet Wietlispach	34	F	Cedar Rapids	IA	2:31:11	2:30:25	11:29
693	2848	Hal Sailsbury	38	M	Ames	IA	2:31:07	2:30:41	11:31
694	2691	Chris Hoffman	36	F	Ottumwa	IA	2:31:49	2:31:02	11:32
695	2708	Chris Conlin	51	M	Mankato	MN	2:31:32	2:31:11	11:33
696	2817	Sunshine Penhollow	29	F	Aurora	CO	2:32:21	2:31:32	11:34
697	3492	Marnie Max	18	F	Shenandoah	IA	2:32:12	2:31:34	11:35
698	3242	Joshua Reed	26	M	Polk City	IA	2:32:09	2:31:48	11:36
699	2977	Becky O'connor	49	F	Blue Springs	MO	2:32:17	2:32:02	11:37
700	2547	Julie Linder	29	F	Ames	IA	2:32:49	2:32:30	11:39
701	2546	Todd Scebold	39	M	Ames	IA	2:32:49	2:32:30	11:39
702	2998	Feryl York	26	F	Cedar Rapids	IA	2:32:39	2:32:31	11:39
703	2679	Heidi Hayes	35	F	Folsom	CA	2:33:06	2:32:45	11:40
704	2677	Claude Hayes	64	M	Corning	IA	2:33:06	2:32:45	11:40
705	2678	Tim Hayes	37	M	Decorah	IA	2:33:06	2:32:45	11:40
706	3305	Rick Desgroseilliers	36	M	Folsom	CA	2:33:06	2:32:47	11:40
707	2557	Matt Wendl	29	M	Carroll	IA	2:33:37	2:32:52	11:41
708	2893	Helen Malloy	44	F	Overland Park	KS	2:33:12	2:32:57	11:41
709	2909	Gary Bash	41	M	West Des Moines	IA	2:33:56	2:33:42	11:44
710	2829	Denis Biscobing	29	M	West Des Moines	IA	2:34:58	2:34:09	11:46
711	3511	Carolyn Chenoweth	51	F	Santa Cruz	CA	2:34:54	2:34:19	11:47
712	3309	Kristin Merkle	32	F	West Des Moines	IA	2:34:54	2:34:21	11:47
713	2920	James Reynolds	42	M	Ankeny	IA	2:35:19	2:34:38	11:49
714	2622	Jarred Donahoe	11	M	Lincoln	NE	2:36:07	2:35:44	11:54

715	3248	Shelly Nesheim	32	F	Carlisle	IA	2:36:33	2:35:53	11:54
716	3323	Donna Walsh	46	F	Winthrop Ct	IL	2:36:57	2:36:21	11:57
717	2938	Ramona Tapper	45	F	Polk City	IA	2:36:49	2:36:24	11:57
718	3342	Leighann Sibal	36	F	West Des Moines	IA	2:37:16	2:36:31	11:57
719	3341	Lori Sibal	33	F	New York	NY	2:37:17	2:36:32	11:57
720	2575	Jane Dambach	40	F	Chicago	IL	2:37:15	2:36:57	11:59
721	2845	Jo Rausch	18	F	Mt. Auburn	IA	2:37:25	2:37:11	12:00
722	2669	Laurie Healey	29	F	Marshalltown	IA	2:38:16	2:37:49	12:03
723	2743	Danielle Jurjevich	25	F	Marshalltown	IA	2:38:16	2:37:49	12:03
724	3353	Tony Renzi	54	M	West Des Moines	IA	2:39:25	2:39:00	12:09
725	3386	Jessica Burghart	23	F	Perry	KS	2:39:24	2:39:05	12:09
726	3008	Ann Long	41	F	West Des Moines	IA	2:44:43	2:39:07	12:09
727	3034	Annette Krause	41	F	West Des Moines	IA	2:44:43	2:39:09	12:09
728	2513	Amanda Cook	22	F	Grinnell	IA	2:40:08	2:39:44	12:12
729	2619	Mindy Carmichael	27	F	Des Moines	IA	2:40:08	2:39:50	12:13
730	3127	Caitlin Mckernan	22	F	Atalissa	IA	2:41:20	2:40:48	12:17
731	3376	Mandy Taylor	25	F	Ames	IA	2:41:20	2:40:48	12:17
732	3400	Michael Norris	39	M	Ames	IA	2:41:32	2:40:56	12:18
733	3155	Michael Blunk	41	M	Grinnell	IA	2:42:00	2:41:16	12:19
734	2574	Marj Haley	66	F	Galveston	TX	2:41:37	2:41:25	12:20
735	2972	Jill Carson	21	F	Indianola	IA	2:43:15	2:42:36	12:25
736	2587	Jeanne Dillon	39	F	Sioux Falls	SD	2:43:15	2:42:42	12:26
737	2870	Cheri Kranz	45	F	Dekalb	IL	2:43:54	2:43:11	12:28
738	3116	Rachel Looney	29	F	Kansas City	MO	2:44:21	2:43:48	12:31
739	3475	Kelly Logan	29	F	Des Moines	IA	2:45:56	2:45:21	12:38

740	3165	Jennifer Reymond	32	F	Des Moines	IA	2:45:59	2:45:23	12:38
741	3129	Emily Hanzlik	23	F	Bloomington	IN	2:46:13	2:45:29	12:38
742	2750	Susan Kempf	39	F	Cedar Falls	IA	2:45:56	2:45:33	12:39
743	2841	Anne Gruenewald	49	F	Ames	IA	2:46:21	2:45:33	12:39
744	2943	Brenda Allen	43	F	Omaha	NE	2:46:50	2:46:09	12:41
745	3290	Julie Bosch	33	F	Clive	IA	2:47:22	2:46:39	12:44
746	2693	Jeffrey Garner	42	M	Cedar Rapids	IA	2:46:54	2:46:47	12:44
747	3207	Kerin Peterson	43	F	Boone	IA	2:47:46	2:46:58	12:45
748	3321	Crystal Bruxvoort	35	F	Ames	IA	2:48:02	2:47:36	12:48
749	3368	Joann Odonnell	50	F	Chariton	IA	2:49:40	2:49:15	12:56
750	2549	Roxee Page	47	F	Des Moines	IA	2:51:14	2:50:25	13:01
751	3059	Ingrid Larson	22	F	Overland Park	KS	2:51:04	2:50:35	13:02
752	2672	Jill Nooren	35	F	Cedar Falls	IA	2:52:45	2:52:05	13:09
753	2578	Susan Wright	47	F	Becker	MN	2:52:18	2:52:06	13:09
754	3456	Mindy Wing	27	F	Maquoketa	IA	2:55:08	2:54:31	13:20
755	3073	Noreen Mckenna	54	F	Mattituck	NY	2:55:08	2:54:33	13:20
756	3289	Jody Sours	22	F	Ames	IA	2:55:21	2:54:39	13:20
757	2632	Sharon Files	43	F	Mission	KS	2:55:32	2:54:40	13:20
758	2653	Cynthia Thompson	45	F	Shawnee	KS	2:55:45	2:54:54	13:22
759	3444	Jennifer Chrest	42	F	Albany	IL	2:55:11	2:55:02	13:22
760	3303	Melanie Gross	26	F	Coralville	IA	2:55:56	2:55:10	13:23
761	2562	Becca Lindahl	45	F	Des Moines	IA	2:56:43	2:56:12	13:27
762	2553	Linda Howard	46	F	Manilla	IA	2:58:01	2:57:22	13:33
763	2809	Tish Rezac	36	F	Lincoln	NE	2:58:56	2:58:25	13:38
764	3261	Mahanthi Bukkapatnam	33	M	Urbandale	IA	2:59:06	2:58:28	13:38
765	2800	Louise Foster	47	F	Bloomington	MN	2:59:48	2:59:41	13:43

766	3397	Lori Keane	24	F	Ames	IA	3:01:12	3:00:39	13:48
767	2833	Carol Grandanette	43	F	West Des Moines	IA	3:02:15	3:01:53	13:54
768	2532	Christine Mcfarland	55	F	Des Moines	IA	3:02:09	3:01:56	13:54
769	2537	Sharon Blubaugh	57	F	Des Moines	IA	3:02:42	3:02:29	13:56
770	3040	Janine Dehaai	26	F	Des Moines	IA	3:04:40	3:04:06	14:04
771	3001	Joyce Bricker	47	F	Stratford	IA	3:06:21	3:05:34	14:10
772	2602	Christine Curtis Mathew	34	F	Des Moines	IA	3:06:36	3:05:47	14:11
773	3215	Kathleen Robey	35	F	Kansas City	MO	3:06:24	3:06:10	14:13
774	2811	Doug Cockerham	34	M	Ames	IA	3:09:01	3:08:10	14:22
775	2914	Paula Harwell	34	F	Joplin	MO	3:09:45	3:08:55	14:26
776	2624	Jessica Jepsen	23	F	Des Moines	IA	3:09:58	3:09:43	14:29
777	2502	Bonnie Mcclure	28	F	Ankeny	IA	3:10:19	3:09:51	14:30
778	2597	Robin Sanger	28	F	Des Moines	IA	3:10:19	3:09:51	14:30
779	3198	Dalena Feller	32	F	Norwalk	IA	3:11:39	3:10:52	14:35
780	2966	Shannon Cloud	53	F	Olathe	KS	3:12:56	3:12:10	14:41
781	3193	Susan Mcintyre	49	F	Des Moines	IA	3:16:44	3:16:03	14:58
782	3029	Cheryl Robinette	56	F	Boone	IA	3:18:00	3:17:13	15:04
783	2617	Tricia Rivas	27	F	Des Moines	IA	3:19:48	3:19:00	15:12
784	3509	Shirley Poertner	54	F	Des Moines	IA	3:24:01	3:23:15	15:31
785	3273	Brenda Doke	28	F	Des Moines	IA	3:24:00	3:23:37	15:33
786	3190	Cindy Feldman	35	F	Des Moines	IA	3:24:01	3:23:38	15:33
787	3054	Karla Kimerer	56	F	Eden Prairie	MN	3:24:01	3:23:38	15:33
788	3411	Dixon Benshoof	47	M	Des Moines	IA	3:25:04	3:24:22	15:36
789	3394	Jenny Foster	39	F	West Des Moines	IA	3:25:40	3:25:06	15:40
790	3292	Pam Bartels	42	F	Urbandale	IA	3:25:41	3:25:07	15:40

791	3295	Angel Grubb	46	F	Waukee	IA	3:25:41	3:25:07	15:40
792	3418	Kate Schilling	43	F	West Des Moines	IA	3:25:43	3:25:09	15:40
793	3517	Michael Reagan	58	M	Sherman Oaks	CA	3:25:42	3:25:30	15:42
794	2723	Dot Beason	46	F	Pella	IA	3:28:57	3:28:24	15:55
795	2571	Alan Scherer	62	M	Duluth	MN	3:29:13	3:28:28	15:55
796	3512	Vicki Donahoe	56	F	Lincoln	NE	3:33:33	3:33:06	16:16
797	702	Scott Mills	32	M	Des Moines	IA	3:48:28	3:43:07	17:02
798	1127	Elias Gabriel	31	M	Des Moines	IA	3:48:41	3:43:18	17:03
799	3152	Shirley Pavlik	64	F	Papillion	NE	3:43:38	3:43:25	17:04
800	191	Gary Davis	40	M	Germantown	MD	4:22:14	4:22:14	20:02
801	128	Jay Hagedorn	39	M	Des Moines	IA	4:22:14	4:22:14	20:02
802	518	Mandy Manning	27	F	Des Moines	IA	4:29:50	4:24:34	20:12
803	190	Stacy Schroeder	21	F	Ames	IA	4:32:28	4:32:28	20:48
804	195	Betsy Deardorff	21	F	Ames	IA	4:32:28	4:32:28	20:48
805	3175	Mark Shelton	36	M	Des Moines	IA	58:38:00		
806	3026	Liz Hilgenberg	45	F	Waukee	IA	1:28:28		
807	2994	Lane Vellinga	41	M	Waukee	IA	1:31:10		
808	3285	Sandy Swallow	46	F	Waukee	IA	1:31:10		
809	2846	Allison Grotjan	25	F	Des Moines	IA	1:33:30		
810	2686	Catherine Leipold	41	F	Buckingham	IA	1:38:38		
811	3507	Jennifer Pearson	29	F	Boone	IA	1:42:33		
812	3313	Jennifer Karsten	28	F	Solon	IA	1:44:50		
813	3257	Marti Bomgaars	50	F	Spencer	IA	1:44:56		
814	3088	Jeff Harper	39	M	Des Moines	IA	1:47:46		
815	2565	Cookie Eckard	44	F	Earlham	IA	1:50:52		

816	2957	Julie Hostak	42	F	Kansas City	MO	1:52:51
817	3174	Jeremy Kohn	36	M	Lawrence	KS	1:52:54
818	3134	Cindy Olson	38	F	Urbandale	IA	1:54:30
819	3200	Barb Stokes	36	F	Urbandale	IA	1:54:30
820	2528	Kristy Olson	41	F	Waukee	IA	1:56:42
821	3071	Mary Simpson	52	F	St. Charles	MO	1:57:13
822	2625	Martin Coon	24	M	Des Moines	IA	1:58:15
823	3281	Judy Quick	45	F	Des Moines	IA	1:59:17
824	2973	Jennifer Smith	21	F	Des Moines	IA	2:04:21
825	3114	Meg Scarff	34	F	Kalona	IA	2:13:17
826	2560	Kay Whipple	37	F	Indianola	IA	2:15:56
827	3421	Jody Nation	41	F	Ogden	IA	2:15:56
828	2899	Mary Roach	53	F	Cumming	IA	2:16:13
829	3331	Shari Olson	48	F	West Des Moines	IA	2:16:14
830	2806	Susie Mcconnell	50	F	Coralville	IA	2:25:14
831	2566	Beth Goebel	45	F	Urbandale	IA	2:27:03
832	2561	Lori Kruse	39	F	West Des Moines	IA	2:27:03
833	2654	Jim Zoellner	64	M	Des Moines	IA	2:27:24
834	2690	Jeri Manning	50	F	Des Moines	IA	2:28:04
835	3473	Lisa Mahoney	37	F	Des Moines	IA	2:28:05
836	2586	Colleen Olson- Davus	37	F	Walford	IA	2:28:05
837	2813	Dave Schultz	46	M	Des Moines	IA	2:28:52
838	2886	Steve Martin	46	M	Altoona	IA	2:28:54
839	2604	Debi Kemp	37	F	Des Moines	IA	2:29:53
840	3121	Linda Duntsch	46	F	Brea	CA	2:31:27
841	3037	Martha Caufield	20	F	Montrose	CO	2:33:48
842	3016	Kenneth	28	M	Denver	CO	2:33:49

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843	2687	Ann Sears	48	F	West Des Moines	IA	2:34:17
844	3195	Cindy Lewis	33	F	Indianola	IA	2:35:03
845	3371	Ellen Dy	39	F	Clive	IA	2:35:47
846	3372	James Dy	40	M	Clive	IA	2:35:51
847	2608	Cindy Barnett	42	F	Lawrence	KS	2:35:53
848	2607	Christine Bliss Tomlin	49	F	Lawrence	KS	2:35:53
849	2898	Sharon Free	50	F	Waterloo	IA	2:38:20
850	2785	Connie Chartier	44	F	Buckingham	IA	2:41:17
851	3013	Sarah Caufield	24	F	North Liberty	IA	2:42:29
852	3015	Katie Caufield	26	F	Denver	CO	2:42:29
853	3014	Marc Kray	23	M	North Liberty	IA	2:42:30
854	2890	Emma Grote	28	F	Iowa City	IA	2:45:20
855	2891	Sharon Steward	53	F	Glenarm	IL	2:45:20
856	3166	Carolyn Yarnell	61	F	Fairview Park	OH	2:45:28
857	2731	Mary Mercury	61	F	Altoona	IA	2:47:12
858	2657	Donna Toombs	65	F	Des Moines	IA	2:47:15
859	2556	Kimberly Willis	32	F	Levittown	PA	2:48:22
860	3224	Robin Sheesley	49	F	Madison	WI	2:48:23
861	3223	Hona Harrington	40	F	Madison	WI	2:48:24
862	3035	Colleen Caufield	50	F	Montrose	CO	2:49:10
863	3036	Laura Caufield	17	F	Montrose	CO	2:49:10
864	2747	Linda Osborn	52	F	West Des Moines	IA	2:53:30
865	2751	Jackie Miller	52	F	Des Moines	IA	2:53:40
866	3510	Sarah Gordon	23	F	Des Moines	IA	2:58:57
867	3435	Victor Romanelli	49	M	Urbandale	IA	3:00:25

868	2764	Susan Ellis	62	F	Kansas City	MO	3:09:40
869	2825	Shari Perez	59	F	Kansas City	KS	3:09:40