



## IMT Des Moines Marathon Course Records

### IMT Des Moines Marathon

Open Marathon Male	2:22:57	Simon Sawe David Chepkwony	Kenya Kenya	2003 2007
Open Marathon Female	2:42:19	Robyn Friedman	Iowa	2006
Masters Marathon Male	2:37:14	Dave Johnson	Nebraska	2005
Masters Marathon Female	2:56:54	Deborah Torneden	Kansas	2006
Iowa Marathon Male	2:24:42	Marty Dalton	Iowa	2008
Iowa Marathon Female	2:58:15	Connie Prince Houlihan	Iowa	2008

### IMT Des Moines Half Marathon

Open Half Marathon Male	1:06:03	Jeff Jonaitis	Illinois	2008
Open Half Marathon Female	1:19:05	Emily Jameson	Utah	2008
Masters Half Marathon Male	1:14:52	Dan Carlson	Minnesota	2007
Masters Half Marathon Female	1:28:54	Cheryl Brose	Minnesota	2008

### Principal Financial Group 5K Road Race

5K Road Race Male	15:50	J Austin Williamson	Iowa	2008
5K Road Race Female	20:24	Jill Rozendaal	Iowa	2006

### Saturn 5-Person Marathon Relay Challenge

5-Person Male Team	2:32:06	Principal Financial Group	Iowa	2007
5-Person Female Team	3:27:27	Webster City	Iowa	2008
5-Person Co-ed Team	3:08:06	Ernst & Young	Iowa	2007
Pro Female Team	2:41:54	RunAblaze	Iowa	2007
Pro Male Team	2:17:13	Team Nebraska Brooks	Nebraska	2008
Corporate Challenge Team	2:40:09	Principal Financial Group	Iowa	2008

For more information on the IMT Des Moines Marathon phone 515.288.2692, visit the website at [www.desmoinesmarathon.com](http://www.desmoinesmarathon.com) or email [info@desmoinesmarathon.com](mailto:info@desmoinesmarathon.com).